



Sylvia Hoffman

Born: July 20, 2005

Height: 5'7" | Hair: Brown | Eyes: Blue

A passionate and dedicated actress, known for creating poignant, emotionally resonant performances. Trained in advanced acting techniques and Shakespearean performance, with a deep understanding of character development and authenticity. A natural communicator, adept at bringing characters to life on stage or on screen.

Training / Theatre experience:

Acting Studio Dorota Zięciowska, Warsaw, Poland, advanced acting, classical and contemporary texts, F. Dostoevsky monologues, improvisation, on-camera work, singing, dance.

Commonwealth Theater, Louisville, Kentucky, role of Ophelia in "Hamlet" which deepened my emotional range and commitment to exploring complex characters.

Private coaching with Kat Steffens, Louisville, Kentucky, English monologues, focusing on "Cat on a Hot Tin Roof" and "King John" to sharpen emotional and physical range.

Character Study under Jan Peszek, one of Poland's foremost theatre practitioners.

Nine years of competitive Disco Dance, Polish and European Champion, bringing discipline, flexibility, and storytelling through movement.

Skills:

Languages: fluent in English and Polish; intermediate in Spanish.

Performance: improvisation, Shakespearean performance, monologues.

Accents: Standard American, Polish-accented English.

Dance: Jazz, Disco Dance (Polish and European Champion), Ballet.

Music: singing, piano.

Athletics: yoga, physical conditioning.