

Alayna Adams

I'm passionate about acting. I've been acting my whole life due to my high functioning autism. I believe acting is an art form, I don't believe it's pretending, I believe that acting is feeling through another persons perspective.

I have no experience professionally but I've made several small projects for fun and I would love to get involved with some smaller parts to show my skills at first.

I have good emotional intelligence and the ability to put myself in other people's shoes and feel emotions as they would.

I'm interested in acting not for fame but for experience. I crave the opportunity to see the world through the eyes of others, and create great characters and immerse myself in powerful storylines. I believe that good acting lies within the immersion of the actor in the story, not the amount of followers on instagram or looks.

Cannot wait to get involved, please get in touch at [Alaynaemilyadams@gmail.com](mailto:Alaynaemilyadams@gmail.com)  
Or for my mums email as I am 16, [lemonaura@gmail.com](mailto:lemonaura@gmail.com)

I have parental consent that can be sent over when needed. I have a valid passport and national insurance number.