



SCOTT CARDLE

Boxing Personal Trainer

PROFILE

As a former professional boxer with a passion for fitness, I have transitioned to a career in teaching and training individuals in boxing fitness. With a commitment to continual learning, I approach each day with a positive and approachable demeanor, dedicated to delivering exceptional results for my clients. My strong work ethic and easy-going nature make me a valuable asset to any team, and I am always eager to embrace new challenges and opportunities for growth.

CONTACT ME

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FY85N

➤ BOXING RECORD

AMATEUR:

- 2001-2012
- 7x National Titles
- 7x International Medals
- GB International 2006-2012

(W122 L19)

PROFESSIONAL:

- 2012-2019
- *Lightweight Central Area Champion 2013*
- *Lightweight English Champion 2014*
- *Lightweight British Champion 2015-2017*

(W23 L3 D1)

➤ QUALIFICATIONS

- IAO Level 3 NVQ Diploma in Personal Training
- IAO Level 3 in Active Leisure & Learning

➤ WORK EXPERIENCE

- Personal Trainer (from 2019)
- Worked as Gym Manager at 'Dalmeny Health Club' (February 2022 - March 2023)
- Experience in Coordinating Class Timetables
- Planning Weekly Staff Rota
- Emergency Response Swimming Pool - 4th Edition