

## Actor Resume – Winsor Frempong

**Name:** Winsor Blessly Frempong Berg

**Height:** 5'3" (160 cm)

**Weight:** 132 lbs (60 kg)

**Shoe Size:** US 8.5 / EU 41

**Hair:** Black

**Eyes:** Brown

**Location:** Hamburg, Germany

**Languages:** English (fluent), German (fluent)

### Experience

School performances with class, mostly music-based

Film & TV Projects (Applications / Pre-Screens):

- *Those Ryderz* – Lead role application as Aaron Addams, The Black Ryder (Feature Film, 2025)
- *Eat Your Heart Out* – Lead role application as Jax (Feature Film, 2025)
- *Daily Player* – Background / Extra application for vertical short film (2025)
- *Outage: Zero Signal* – Supporting role application as David Mitchell (Documentary / Thriller, 2025)
- *Les Deux Magots NYC 2025* – Supporting role application as James Baldwin – Young Author-Barista (Documentary Series, 2025)

*Note: Experience currently from auditions and pre-screen submissions; eager to gain on-set experience. Youtube Acting class*

### Training

Beginner in acting, just starting out, highly motivated to gain experience

### ★ Skills / Talents

Stage Combat / Fight Training

Martial Arts / Acrobatics: Tornado Kick, 360 Kick

On-camera Acting

Voice & Emotion Control

Can play Drums

Soccer (football)

Physically fit and athletic

