



KAYLE N. COUNTERMINE, RN



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Woodbridge, VA 22191



[Bold Profile](#)

EDUCATION

Associate of Applied Science,
Registered Nurse
Excelsior University, Albany,
NY
May 2025

- Scholarship Recipient
- Currently enrolled towards BSN

PERSONAL SUMMARY

Dynamic individual with hands-on experience in the Operating Room and Clinical setting. Versatile with strong communication skills and talent for navigating challenges. Brings strong problem-solving skills and proactive approach to new tasks. Known for adaptability, innovative creativity, and results-oriented mindset. Committed to making meaningful contributions and advancing organizational goals. Shared governance Co-Chair with several QI projects which improved patient outcomes. Eager in climbing the critical care ladder as a new but experienced nurse graduate

SKILLS

- Leadership qualities
- Quality assurance
- Empathetic and compassionate
- Direct patient care
- Shared governance
- Verbal and written communication
- Staff direction and task delegation
- Multi-tasking and prioritization
- Teamwork and collaboration
- Excellent Clinical judgment & Critical thinking
- Trauma-informed care
- Patient safety protocols

EXPERIENCE

July 2022 - Current

MedStar Georgetown University Hospital - Surgical Technologist, Washington, DC

- Maintained high infection control standards.
- Enhanced patient safety by maintaining a sterile surgical environment and adhering to strict protocols.
- Setup operating and surgery rooms by preparing equipment and supplies for upcoming procedures.
- Minimized infection risks by strictly adhering to aseptic techniques
- Handled high-pressure situations calmly and efficiently, contributing to successful completion of critical surgeries.
- Assisted surgeons in complex procedures for optimal patient outcomes and reduced recovery time.
- Demonstrated exceptional adaptability when faced with unexpected challenges or changes during surgery, responding quickly without compromising patient safety or procedural success.

January 2020 - October 2022

INOVA - Surgical Technologist, Falls Church, VA
Level 1 Trauma Center

July 2018 - January 2020

MedStar Georgetown University Hospital - Licensed Practical Nurse, Washington, DC

- Led team meetings to discuss patient progress, review new policies or procedures, and strategize ways to improve overall department performance.
- Evaluated and improved team member performance through coaching and training.
- Coordinated with other departments within the healthcare facility to ensure a seamless continuum of care for patients by addressing any gaps or barriers in service delivery.
- Scheduled staff and delegated work assignments.
- Provided ongoing mentorship to Medical Assistant's through one-on-one meetings, constructive feedback, and professional development opportunities.
- Managed inventory control processes efficiently which maintained an adequate supply of essential medical items while minimizing waste or overstock situations.
- Collaborated with interdisciplinary healthcare teams to ensure continuous quality improvement in patient care delivery.

LICENSE/CERTIFICATIONS

- BLS
- Licensed Practical Nurse
- Certified Surgical Technologist

RECOGNITION

SPIRIT award recipient. MedStar associate who excels in **Service, Patient First, Integrity, Respect, Innovation, and Teamwork**. Embodies institution core mission & values