# **Matthew Lannon**

SAG-AFTRA

Height: 5'10" Weight: 145 lbs Hair: Brown Eyes: Brown

Phone: 617-785-0928

Email: matthewlannon6@gmail.com



#### **FILM**

Blunt Force Trauma Lead **Boston University Background Actor MGM Studios** Challengers The Collaboration **Compelling Pictures** Feature Shattered Ice Stand-In, Background Nehoiden Street Films At the Sea Featured Background Hammerstone Studios The Drama Featured Background A24

## **TELEVISION**

JuliaBackground ActorHBO MaxThe Perfect CoupleStand-InNetflixThe Walking Dead: Dead CityFeatured BackgroundAMC+

#### **THEATRE**

Lucky StiffEnsembleMerrimack CollegeA Midsummer Night's DreamDemetriusMerrimack CollegeAlmost, MaineLendallMerrimack CollegeA Wrinkle In TimeCalvin O'KeefeMerrimack College

## **TRAINING**

Art of the Audition 2023 Paul Weber BFA in English & Film 2021 Merrimack College Stanislavski Technique Kathleen Sills Merrimack College Meisner Technique Brianne Beatrice Merrimack College **Shakespeare Training** Jennifer Lewis Merrimack College 200-Hour CYT 2024 Breathe & Flow Yoga Academy

## **ACCOLADES**

Nominated Competitor 2020 KCACTF Region 1
Best Actor Award 2022 Redstone Film Festival

# **SKILLS**

Vocal Training, Stage Combat, Guitar, Calisthenics, Resistance Training, Yoga, Golf, Baseball, Running, Stanislavski Method, Meisner Method, Shakespeare Training, Grotowski Method

