

Kate Harold

kathrynmharold@gmail.com | 612.419.1528

Representation: Shaw Entertainment – Mark Shaw

Album Link: <https://photos.app.goo.gl/T7GgQ6mtb7HHQdnS9>

Portfolio: linktr.ee/kateharold

2025 Work:

Slate: https://www.youtube.com/watch?v=pLE6w_0OoMg

Commercial Reel: <https://youtu.be/068Acynb-q8>

Comedy Monologue (Booked DENVER DMV- think Parks & Rec meets The Office)

<https://www.youtube.com/watch?v=0io1St6Nibs>

TELEVISION

Chicago Med – Rave Victim • NBC

Imperfect Women – Sorority Girl • Apple TV

Denver DMV - Natalie • (Filming later 2025)

Everybody's Moving to Austin – Ensemble • Social Satire Series (Filming later 2025)

FEATURE FILM

The Troubleshooter - Jessica - Nurlan Koyanbayev

The Man Who Changed the World – Featured Background - Director: Greg Pritikin, Wallace Shawn, Christopher Lowell

The Bard - Upscale Woman

INDEPENDENT FILM

Egg Night – Rebecca • Lead

Snowdrift Summer – Beatrice • Lead

Heiress Returns – Guest Star

COMMERCIAL (ON-CAMERA)

Moderne – Lead

Voia – Lead

Golf Ad- Lead

Wyld Beverage – Lead

Elemental Earth - Lead Female

PRINT / CAMPAIGN

Society6 – Summer Campaign Lead

Girlfriend Collective – Tennis Launch

Dagne Dover – Lifestyle Editorial

Gudrun Sjödén – U.S. Launch Campaign

MUSIC VIDEO

Ty Myers – On the Boulevard – Model Girl • Columbia Records

Shiroi – Romantic Lead

TRAINING & EDUCATION

Boston College – MBA

SKILLS

Performance: Improv, Sketch Comedy, Physical Comedy, Comedic Characters, Lifestyle Storytelling

Modeling: Commercial, Lifestyle & Editorial, Beauty & Makeup, Fit, Full Figure

Athletics: Irish Dance, Yoga, Ice Skating, Swimming, Skiing, Hiking, Track & Field, Collegiate Pole Vault

Media: 50k+ TikTok (Beauty & Comedy), Brand Collaborations, Content Creation

Languages: English (native), Conversational Spanish

Additional: Valid Passport, Driver's License, Reliable Transportation

STATS

Height: 5'7" • Weight: 117 lbs • 33/27/35

Hair: Blonde • Eyes: Blue

Dress: 2 • Shoe: 8