**Elizabeth Perry, PhD, MA, SEP, E-RYT**

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**OBJECTIVE**

I wish to obtain a supervised practicum site at a counseling center that provides trauma informed mental health services in order to meet my educational and professional requirements in the field of counseling psychology.

**PROFESSIONAL EXPERIENCE**

**Somatic Therapy Program Director & Practitioner**
Private Practice, Santa Monica, CA – 2018 to Present

* Provide trauma-informed somatic therapy to a diverse client base, emphasizing healing and resilience.
* Innovate and implement personalized treatment plans based on Somatic Experiencing, NeuroAffective Relational Model, and depth psychology.
* Conduct workshops and training sessions on trauma-informed care and somatic practices.

**Somatic Therapy Program Director & Practitioner**
Sober College, Woodland Hills, CA – 2013 to 2018

* Led the integration of Somatic Experiencing and yoga therapy into treatment programs for dual diagnosis clients.
* Developed and deployed a unique somatic mindfulness assessment tool, enhancing the recovery process.
* Collaborated with a multidisciplinary team to ensure holistic care and support for clients.

**EDUCATION**

**Pacifica Graduate Institute,** Master’s Degree in Counseling Psychology, *Expected Graduation, May 2027*

**Complex Trauma Training Center**, NeuroAffective Relational Model Training, *2024*

**NeuroAffective Touch Institute**, NeuroAffective Relational Model Training, *2023*

**Pacifica Graduate Institute**, Doctoral Degree in Depth Psychology, Somatic Emphasis, *2022*

**Somatic Experiencing Trauma Institute**, Somatic Experiencing Practitioner, *2018*

**Michelle Mazur Yoga Therapy Teacher Training** 500 hour Yoga Alliance Accredited, *2012*

**Earths Power Yoga** Power Yoga Teacher Training, *2011*

**Exhale Spa with Annie Carpenter** Prenatal/Postnatal Yoga Teacher Training, *2011*

**University of North Texas**, Bachelor of Arts in Theatre, Emphasis in Musical Theatre, *2000*

**CREDENTIALS and MEDIA RELATED YOGA EXPERIENCE**

* Featured in Yoga Digest “Yoga Helps Heal Addiction” *2017*
* RYT Yoga Alliance Certified Instructor With Over 1000 Hours Yoga Teaching Experience
* Nominated at Lululemon Santa Monica for “Celebrate the Teachers You Love” *2013*
* Yoga Instructor on the Canadian based travel show “Terry’s Off” *2012*
* Yoga Instructor on the ABC show “Glass House” *2012*
* Member of the National Honors Society at The University of North Texas *2000*
* Dallas Cowboys Cheerleader *1996-1997*