

ELIZA ALLEN

SPOTLIGHT



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Profile

Location	Greater London, England, United Kingdom Queensland, Australia	Gender	Female
Playing age	18 years to 28 years	Height	5 feet 3 inches (160cm)
Nationalities	Australian	Ethnicity or heritage:	White, Dutch, Irish, Australian

Representation

IGNITE ELITE ARTISTS

2 Television Centre, 101 Wood Lane,
London, W12 7FR
Tel: +44 7367 034813
UK@igniteeliteartists.com
www.igniteeliteartists.com

Gallery



About me

Based in London, Eliza Allen's notable film appearances include playing 'Annabel' in 'The Edge' (currently streaming on Netflix Aus), 'Young Anna' in the international feature, 'Forever First Love', and appearing in AACTA-award nominated short, 'The Moths Will Eat Them Up'. Recently, she played 'Mackenzie' in the festival-turned-mainstage production, 'Parasocial Parallax'. With a Drama degree from QUT, Eliza has also worked and trained internationally with casting directors and acting coaches. As an Australian, she enjoys accents, and is comfortable with London, RP and Standard US.

Credits

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Further credits

Prod and role name	Director	Date	Prod type	Company
The Talk Show Effect Marcie	Marcus Plowright	2025	Documentary	Renowned Films
Dilemma- Season 2 Riley	Paul Mallaghan	2025	Corporate	Tilt
Movie Man Munch Customer	Ryan Daly	2025	Short Film	Lit Talk Productions
The Forbidden Affair Stevie	Thalia Kent-Egan	2025	Web Series	Open Frame Films
The Pageant Play Julie (Supporting)	Thomas Carruthers	2024	Stage	Righton Productions
TWIX: A Good, Good Good Thing Gamer		2024	Commercial	Adam & Eve
THE MOTHS WILL EAT THEM UP Supporting role: Young Woman	Tanya Modini and Luisa Martiri	2021	Short Film	Luisa Martiri
Parasocial Parallax Lead: Mackenzie Gilleson	Grace Longwill	2023	Stage	AG Productions
Forever First Love Supporting Role: Young Anna	Luke Mayze	2019	Feature Film	Mr Biggles Productions
The Edge Supporting role: Annabelle	Jane Larkin	2022	Feature Film	3Lite Productions
Parasocial Parallax Lead: Mackenzie	Grace Longwill	2022	Stage	AG Productions
The Portable Door Stand in, Typist, Office worker	Jeffery Walker	2021	Feature Film	Pinnacle Studios
34 Scenes About the Weather Ensemble	Jordon Riley	2023	Stage	Lunch Friend
A Dream of a Time Supporting role: Sandra	Alex Milios	2023	Short Film	Olympus Films
The Bank of Queensland Beach Girl	Siobhan Mulready	2023	Commercial	Taxi
The Bliss of Evil Supporting role: The Mother of Evil	Josh Morris	2021	Feature Film	Pieces of Work Productions
Judges, Jurors and Executioners Lead: Abigail	Raven Jade	2019	Stage	Fresh Blood Festival (Vena Cava)
Joe Exotic Ball Attendee	Justin Tipping	2021	Television	Wondery Universal Content Productions
Young Rock College Student	Jeffrey Walker, Nahnatchka Khan	2021	Television	Matchbox
Black Tie Optional Lead: Amia	Shuban Shaneil	2021	Short Film	Griffith Film School
Soar: Take Off Lead: Tee	Tahnee McGuire	2021	Web Series	Blacklab Productions & University of Queensland
Suburbia Blue Supporting Role: Allie	Ben O'Sullivan	2022	Short Film	True North Productions
F45 Stephanie Rice Ad Gym Attendee	Charlie Fergusson	2021	Commercial	Fabric Films
In Therapy Kelly	Jarvis Taylor	2021	Short Film	Little Wrights
Bustard Head Supporting Role: Mary	Lucy Lakshman	2021	Short Film	QUT

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Smile Supporting Role: Young Peggy	Natalie Simonov	2021	Web Series	Griffith Film School
Physical Harm and Heights Ensemble	Amyelle Pilgrim	2020	Stage	The Rosebird Collective
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Dad Joke Panicked	Tess Stewart	2021	Short Film	JMC Academy
Window Pain Lilly	Stephen Walker	2020	Short Film	Mandatory Fun
Co-Dependant Emma & Melissa	Sarah Jarvis	2020	Rehearsed Reading	Ridium
Guardians POC Samantha	Leonard Pang	2020	Voice Over	Griffith Film School
Oxygen Cosmonauta	Brayden Downes	2020	Short Film	JMC Academy
Harrow Airport passenger	Bud Hopes (Casting Director)	2020	Television	ABC Studios International and Hoodlum Ente
Rose Petals for a Dying Flower Lead: Rosie	Ellie Little	2019	Short Film	JMC Academy
Sibling Rivalry Supporting role: Tabby	Bre McCullagh	2019	Short Film	University of Southern Queensland
Mates Grace	Austin Macfarlane	2019	Short Film	
Glitch Charlotte	Jonathon Bowers	2019	Short Film	
Love React Lilly & Host	Egan Sun-Bin	2019	Stage	The Reaction Theory
The Mafia: Payback Pauline	Alex Milios	2019	Feature Film	Olympus Films
Harmony Becky (Head of Propaganda)	Jamie Zin	2019	Immersive	School 2 Stage
HUM4N R3L4T10NS Kay	Tyler William Morrisson	2019	Stage	School 2 Stage
Apple Lead: Apple	Cameron Millar-Turner	2018	Short Film	SAE Institute
Roommates Callie	Claudia Lamb and Mike Holloway	2018	Short Film	Griffith Film School
Grandpa Vanessa	Josh Allan	2018	Short Film	SAE Institute
Serial May	Lachlan Macfarlane	2018	Short Film	
Clean Up on Aisle Hell Angela	Jamie Zin	2018	Stage	School 2 Stage
Sugar Sugar Sabrina & Tutor	Egan Sun-Bin	2018	Stage	Vena Cava, Fresh Blood Festival
Constellations (Youth Ensemble Production) Roland and Marianne (in different scenes)	Travis Dowling	2017	Stage	Queensland Theatre
For The Moment (Queensland Theatre Youth Ensemble) Ensemble	Ellen Bailey	2016	Stage	Queenland Theatre

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H is for Hamlet (Queensland Theatre Youth Ensemble) Ghost Buster (and ensemble)	Kelly Lazarus	2015	Stage	Queensland Theatre

Skills	
Accents & Dialects	Native: Australian
	High standard: American-Standard, London, RP
Languages	Native: English
	High standard: French
Other Skills	Aerial Work, Trapeze (static)
Performance	Skilled: Clown, Comedy, Comedy Improv
Sports	Skilled: Bouldering, Horse-riding, Mountain Hiking, Pilates, Snowboarding, Surfing, Swimming, Swimming (Open Water), Yoga
Vehicle Licences	Car Driving Licence
Voice Over	Skilled: Radio

Training
Eliza Allen has graduated with Distinction from the Queensland University of Technology's 'Bachelor of Fine Arts-Drama'. She has additionally studied the PEM (Perdekamp Emotional Method) method, alongside Uta Hagen's techniques and have trained in Stanislavski's and Meisner. She has done courses specialising in stage and screen respectively, including Queensland Theatre's Youth Ensemble and NIDA's Screen Acting course. She has trained with Australian industry professionals and casting directors, including Kristina Sexton, Peter Rasmussen and Tom McSweeney.

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