



Alicia Willoughby

Deckhand/ Divemaster

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Nationality: British D.O.B: 08/12/1997

EDUCATION

Master of Arts Psychology:

First Class with Honours

The University of Edinburgh
2016–2020

LANGUAGES

English	Native
Italian	Fluent
Spanish	Proficient
German	Proficient

CERTIFICATES

- STCW 2010 (23.10.2027)
- ENG1 Medical (03.12.2026)
- Yachtmaster Offshore Sail
- RYA VHF Radio
- RYA Dayskipper Sail
- RYA PWC
- Proficiency in Designated Security Duties
- RYA Professional Practices & Responsibilities
- RYA Diesel Engine Maintenance
- PADI Divemaster
- Enriched Air Diver
- Deep Diver
- TDI Sidemount Diver
- Over 100 logged dives

Copies of all certificates are available upon request

PROFILE

I am a dedicated and adaptable deckhand with a strong background in caregiving and support roles, driven by a deep commitment to making a positive impact in the world. I have a problem solving mindset and a belief that there's no such thing as "I don't know," only "I don't know yet." Quick to learn and eager to develop new skills, I thrive in high-pressure environments and work seamlessly within diverse teams. I'm a keen diver with a passion for marine life, especially sharks. I'm deeply interested in ocean conservation and always looking for ways to contribute meaningfully, both on deck and below the surface.

EXPERIENCE

S/Y Athena | Nov 2023 - Present (Finish date 31/08/2025)

90m Deckhand

I joined the vessel during an extended refit, overseeing inventory management, deck and general maintenance, care of owner's goods, and daily coordination with contractors and subcontractors. During this period, I earned my Yachtmaster certification and gained valuable sailing experience to enhance my seamanship and broaden my skills.

M/Y ROE | May 2023- Sep 2023

74m Deckhand/Divemaster

Carried out night and navigational watches, exterior washdowns, detailing, and line handling during a two-month boss trip. I gained practical experience with teak cleaning, working at heights, and tender driving. I was also responsible for organising and accompanying guests during scuba dives.

UCL Rare Dementia Research Centre| Oct 2020- Oct 2022

PhD Student/ Research Assistant/ Support Coordinator

I worked on highly specialist research projects in rare dementia care, organising and managing large-scale support groups for carers, and translating complex scientific findings into clear, accessible documents for caregivers.

REFERENCES

Daniel Sheridan

Captain S/Y Athena

Phone: +44 7498 845424

Email: captain@syathena.com

Nikki Zimmermann

Support Director at Rare Dementia Support

Phone: +447521916522

Email: nikki.zimmermann@ucl.ac.uk

I am happy to provide further references upon request