TAMMY MARIE MCCAFFREY

PROFESSIONAL SUMMARY

A versatile professional with over 15 years of experience in diverse roles, including acting, teaching, and performing stunts to raise awareness for mental health initiatives. Proficient in a wide array of skills such as rock climbing, and yoga, demonstrating adaptability and a commitment to personal and professional growth. Passionate about leveraging creative talents and extensive experience to contribute to impactful projects and collaborations in dynamic environments.

PROFESSIONAL MODELLING & ACTING

2022 CAMH Mental Health Commercial	Ontario
 Performed simple stunt in the TV and Web commercial to bring awareness to mental h No one left behind. 	
POLICE OFFICER I am Still Me, a film on Mental Health Short Film	2022 Brampton
WOMEN/WAITRESS Spidertech Smoothneck YouTube	2021 Ontario
GUEST Friday Harbour Resort Print Marketing	2021 Barrie
WIFE Blue Mountain Resort Film, TV & Print	2021 Ontario
FRIEND Isotopes Commercial Bruce Power	2021 Hamilton
GYM TEACHER Music Video SmrtDeath - YouTube	2021 Ontario
JUROR Washington Jury Training Court / Home Video Orientation Training	2021 Ontario
ONLINE GUEST APPEARANCE The Working Actor Series Casting Workbook	2021 Ontario
ART DIRECTOR Future of Film Showcase FOFS Promo Video	2019 Toronto
ESL TEACHER Chinese ESL School ESL School Promo Video	2017 Vancouver
SUFFRAGETTE SUPPORTING ROLE Beyond The Old Road Social Sci-Fi Short Film	2017 Vancouver

SUPPORTING ROLE SISTER LO	UISE
The Good Fight	

2017 Vancouver

UBC/VIFF Premiere

TAI CHI & YOGA INSTRUCTOR

2013

Mind Body Soul TV France ~ Mind Body Soul Thailand

CLIMBING CREW
The Amazing Race
China

DANCER ~ TOURIST 2008

LiQuan Yangshuo

Shanghai Production

DANCER ~ TOURIST
LiQuan

2007
Yangshuo

Shanghai Production

EDUCATION

INTENSIVE CRAFTED CLASSES 2021 The Working Actors Studio Remote **ACTING BOOTCAMP** 2021 **Brad Milne Acting Studio** Toronto **ACTING AND SCENE STUDY** 2017 Haven Studio Vancouver **ACTING INTENSIVE** 2016 **VADA** Vancouver

SKILLS

Acting, Yoga, Tai Chi, Teaching, Rock Climbing, Boxing, Dancing, Boating, Driving.

LINKS

ADDITIONAL INFORMATION

TELEVISION & MEDIA

- Mind Body Soul TV Tai Chi & Yoga Instructor (Thailand, 2013)
- The Amazing Race Climbing Crew (Beijing, 2008)
- Music Video Gym Teacher (Ontario, 2021)
- Washington Jury Training Juror Court Training (Ontario, 2021)