

James Parascondola

Phone: (203) 231-0077 Email: parascondola001@gmail.com

SKILLS

Equipment

Sony / Lumix DSLR Cameras
Tascam Audio Equipment
Photography / Lighting

Software

Adobe Premiere Pro
Final Draft (Screenwriting)
Adobe LightRoom

Personal

Team Management
CreativeCollaboration
Quick Learner

EDUCATION

Connecticut School of Broadcasting

Film School Program

Farmington, CT

Wrote, Shot and Edited my own Film Short, Assigned production roles on other Student films

Western Connecticut State University

Bachelor of Art - Political Science

Danbury, CT

WORK EXPERIENCE - CSB PRODUCTIONS

June 2024 TO PRESENT

Assistant Director, *Freelance*

- Responsibilities include working with the director to achieve their vision by staging the shot and managing the crew on an independent film. Collaborated with the team to help manage the production effectively.

Boom Operator, *Freelance*

- Responsibilities include assisting production staff on set and recording audio without any interference.

Cameraman, *Freelance*

- Responsibilities include capturing the director's vision. I worked as a camera operator using my SONY FX30 and DJI Ronin SC gimbal on five independent films as well as two of my own films.

Gaffer, *Freelance*

- Responsibilities include setting and managing lighting for an independent film. I worked with the director and camera operator to achieve the desired lighting effect for the scene using LED lighting.

Product Flow Specialist, *Best Buy*

- Responsibilities included unloading the trailer of products and displaying them out on the floor, receiving products and shipments, and assisting customers.
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VOLUNTEER EXPERIENCE

Connecticut Film and TV Conference

East Hartford, CT

- Responsibilities included setting up/breaking down of booths and event decoration. Organizing event logistics, filmed music performances and acting showcases. Operated lighting rigs and audio equipment for the event.

The Boardroom, *Independent film*

New Haven, CT

Production Assistant

July 2024

- Responsibilities include assisting the crew with all needs on the set of an independent film.
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