



Actress Email: karlasanroman.act@hotmail.com
Instagram: @sanghoman | Mexico City

Acting Training

- Horseback riding and stunt acrobatics workshop – Armando Anaya, Horsemaster
- Casting Workshop – Moran Casting
- Intensive Meisner Technique – Alberto Zeni (International Director & Actor)
- Character Analysis and On-Camera Work – Morena González (Casting Director, La Tuna Group)
- Character Creation – Juan I. Pucci, ActingTips (Buenos Aires, Argentina, Online)
- Actor's Actions – Bernardo de la Rosa
- Online Monologue Workshop – Sandra Balderas
- Drama Studies – Theatre School, Philosophy & Literature, U.A.N.L.
- Triple Threat Training (Theatre, Tap, Dance, Improvisation, Monologues) – Ray Lobo
- Film School Ilumina, Monterrey – Leticia Vargas

Theatre

- “La Malinche” – Dir. Coral Aguirre
- Monologue “4:48 Psychosis” by Sarah Kane – Dir. Cecilia Ramírez
- Monologue/Play “Distanciation Social” (José María Mantilla, Virtual Theatre) – Dir. Sandra Balderas
- One-Act Play “Alter Ego” (Stefania de Ruvo, Virtual Theatre) – Role: Paula, Dir. Sandra Balderas
- Monologue “The Great Absence” by Tomás Urtusástegui (Virtual Theatre) – Dir. Sandra Balderas
- “In the Darkness” – Dir. Carlos Dodero (Company: Cristal)
- “The Temple of Vesta” – Dir. Miguel Palma (Company: Génesis)

Film / Television

- TV Series: Ojitos de Huevo (Season 2) – Dir. Jorge Ulloa
- TV Show: MasterChef Celebrity – Dirs. David Limón & Adrián Ortega
- Netflix Series: Cindy la Regia – Participation
- HBO Series: Sierra Madre – Participation
- Telenovela: Cuando Los Ángeles Caen (2 Episodes) – Multimedios TV
- Music Video: “Amor Ilegal” – Dir. Vandari (Artist: La Grace Guillen)
- Music Video: “La Clave” – Dir. Guido Gueta (Artist: Roger Rogerz)

Commercials

- Government of Nuevo León
- 7-Eleven Mexico
- Corporate App – CUBLINS Productions
- INTERFASE
- Tyranosaurio.com
- Home Depot
- U.A.N.L Institutional Videos

Short Films

- “Los expedientes de Irene” (Co-Lead) – May Cast Productions
- “Cuervo” – Dir. Edgar Romero Pérez
- “Inquina” (Lead) – Dir. Christopher Von Wernich
- “Almas” (Lead) – Dir. Alejandro González
- “Don Nadie” (Co-Lead) – Dir. Eder Muñoz Balboa

Skills

- Dance: Jazz, Ballet (Intermediate), Aerial Dance (Basic), Tap (Intermediate), Modern Dance (Advanced)
- Sports: Horseback Riding (Basic), Skating (Ice/Roller, Intermediate), Surfing (Basic), Tennis (Basic), Climbing (Basic), Fencing (Intermediate)
- Other: Driving (Advanced), Cooking (Intermediate/Advanced), Drawing & Painting (Advanced), Ceramics (Intermediate)
- Languages: English (Intermediate-Advanced), French (Basic), Italian (Basic)

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