Tiffanie Ritenour Herring

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Objective

Ambitious professional, author and Conflict Resolution Specialist with over 5 years' experience with a passion for training, staff development, and program management.

Education

Interpersonal and Organizational Communication and Criminal justice Graduated: May 10, 2013 Bachelor of Science

East Carolina University Greenville, NC

Expertise in Communication and Crisis Intervention and De-escalation. Interpersonal and organizational communication concentration, studies persuasion, small groups, conflict, gender, culture, public speaking, media, and family relations. Criminal Justice minor provides knowledge of the criminal justice system and how to address and respond to deviant and sometimes criminal behavior. To include individuals who may be experiencing mental health and/or substance use issues.

Experience

Trillium Health Resources

February 2017-Present

Staff Development. Diversity and Equity Training Development including Cultural Consideration, Microaggressions, and Stigma Free Workplace. Lead Crisis Intervention Team and Mental Health First Aid Coordinator. Works closely with MH/IDD/SU populations. Plans and leads trainings and tracks program evaluations. Mental Health Consulting. Plan and lead community and staff trainings. Lateral supervisor (lead) for CIT and MHFA Coordinators. Public speaking and leads discussions on topics such as Crisis De-escalation, Self-Care, Psychotropic Medication, Trauma-informed care, Substance Use, Psychosis, and Suicide. Full-time, 40 hours per week.

Governor's Crime Commission

May 2015-February 2017

Community Development Specialist. Management of statewide VOCA and VAWA grants. Create and disseminate Governor's Letters to be sent to state agencies who receive grant awards. Ensuring compliance with grant requirements. Evaluating adherence to plan oversight requirements and review data specifications with delegates to ensure compliance. Assist with funding and management of grants through the Grant Management System (GEMS) for the state of North Carolina. Full-time, 40 hours per week.

Department of Public Safety

December 2014-May 2015

Program Coordinator responsible for employment, travel and logistics of the state's Prison Inmate Construction Program. Work with MH/IDD/SU population. Work with inmates to determine appropriate job placement. Create training programs for success upon release. Working to identify and streamline oversight activities to ensure offender success. Full-time, 40 hours per week.

Pitt County Sheriff's Office

July 2010-December 2013

Processed inmates for intake. Assisted medical staff with medication and compliance. Work with MH/IDD/SU population. Connected inmates to community resources available upon release. Full-time, 40 hours per week.

Washington County Juvenile Probation

November 2007-December 2009

Senior Site-based Monitor. Work with MH/IDD/SU population. Managed 2 other staff members. After school program (LEADER) for adjudicated delinquents where they received counseling, tutoring, leadership and life skills. Full-time, 40 hours per week.

Certifications

Mental Health First Aid of America Certified Trainer
Certified National Crisis Intervention Team Coordinator
Crisis De-escalation
CPR/AED
PPCT

OPR Suicide Prevention Certified Instructor

Publications

Simply Deescalate by Tiffanie Herring Published January 2022 An easy-to-use guide on how to deescalate conflict and crisis

Volunteer/Leadership Experience

NAMI (National Alliance on Mental Illness)
BIANC (Brain Injury Association of NC)
ENC Stop Human Trafficking Now
Crossroads Community Center (Homelessness)
Village of Hope (Trauma-informed care)

References

Keith Letchworth	NAMI Pitt	252-215-6881
Deborah Pomeroy, RN, MSW	Vidant/Pitt County Schools	252-531-6077
Ashley Hicks	Trillium Health Resources	910-789-1618
Melissia Larson	NC Harm Reduction Coalition	252-341-5102