

Peterina Grealis

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Co. Mayo, Ireland
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EXPERIENCE

Event Musician/singer

June 2019 - PRESENT

- Performed at a variety of live events such as weddings, private parties, and charities.
- Attended regular rehearsals to practice and perfect performances for events or recordings.
- Nurtured talents and evolved advanced skills through regular practice.
- Performed for various charities to help fund their causes.
- Harp performances at private and corporate events.

The RSC Fitness Martial Arts— *Assistant Karate Instructor*

July 2025 - August 2025

- Developed coaching strategies and lesson plans to achieve team goals.
- Purple belt in Kempo Karate, Ju-Jitsu.
- Helped provide young kids with assistance, and helped build their confidence and grow knowledge in martial arts.

Turlough Community Development Association — **Community Volunteer**

June 2023 - Present

- Coordinated community clean-up initiatives, mobilising volunteers and allocating resources for efficient operation.
- Member of Turlough Foroige.
- Helped alongside my mum to help clean up our local community centre for the people of Turlough to enjoy.

SKILLS

- Excellent vocal projection
- Communication skills
- Performance analysis
- Confident performer
- Coaching strategies
- Team collaboration
- Creative thinking
- Teaching

AWARDS / CERTS

- 2019 community games finalist in Limerick for U13 solo music, 2023 finalist in Carlow for U16 solo singing, and 2025 bronze medalist for U16 solo singing and U16 group music in Balla.
- RIAM - Music Theatre & Popular singing in grade 3 and 4 - awarded Distinction
- SCT - Elementary Level 1 & Grade 4 on Harp - awarded Distinction
- Certificate rank of yellow, orange and purple belt within The Worldwide Karate Universal Federation.

EDUCATION

St Joseph's Secondary School – Castlebar, Co. Mayo

August 2023 - June 2029

- Member of the school's Gospel Choir, where we performed at the Costa Barcelona Music Festival 2024, and I auditioned and secured a solo to sing at the festival We also performed at the International Choir Festival in Derry, where we won first place
- Member of the school's Green School and the Treasurer on the committee; I attended many meetings and many talks regarding the environment and our school's Green School
- Member of the school's Yellow Flag programme, where we discuss how our school can become more inclusive of all cultures and ethnicities, celebrate diversity, and challenge racism and discrimination
- Member of the school debating club, where I debated against other schools on various topics

- Certification of Completion of Balinese Cooking Class
- Certification competition of An Introduction to Children First Programme & AMRIC Hand Hygiene at HSE Land.
- Certification completion of Aligning Goals and Priorities to Manage Time.
- Certification completion of Manual Handling and People Handling e-learning Theory Module

INTERESTS AND HOBBIES

Sports:

I enjoy playing sports such as Kempo Karate and Ju-Justu and athletics where I compete in various cross countries and community games competitions.

Music:

I enjoy learning new instruments, singing and playing the harp. I take weekly singing and harp lessons to improve my skills.