Destiny Timmons

08/09/2000





WORK EXPERIENCE

Hostess/Server

Applebees, 2017 - 2019

- Greeted and accommodated guests, building a positive experience from the first interaction always providing excellent customer service
- Reconciled cash in tills every shift
- Memorized menu to help diners make informed meal choices
- · Assisted with training new staff members
- Performed under constant pressure while successfully multi-tasking staying calm and composed
- As server shift lead some nights I would have to make sure to provide help and manage team of servers to make sure the front of house was running smoothly

Sales Assosiate

Bath and Body Works, 2019-2020

- Greeted customers warmly
- · Kept work area clean and products organized
- Operated cash register and POS to handle purchases, refunds, and exchanges for customers
- Assisted with the right product selection to ensure customer satisfaction



ABOUT ME

Hey! My name is Destiny Timmons! I'm a go-getter and wont settle until the job is done right. I'm the bubbly fun person you can laugh and smile with. Life is too short not to! My goal is to help others in anyway I can because we all deserve to be the best version of ourselves we can be.



CONTACT

815-669-9108

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EDUCATION

Mchenry East Campus, IL

High school diploma, graduated with honors

 Mchenry Community College

2 yrs of education, Associates degree still in the workings

Head Trainer/ Assistant Manager/Sales Member Consultant/Event Coordinator/Program Coach

Gabrielsen Investments Inc. iLoveKickboxing, 2020 - 2023

Head Fitness Trainer/Instructor

- Conducted group classes for kickboxing to ensure everyone would feel amazing in their own skin
- Utilized motivational techniques to keep clients focused on achieving goals
- Demonstrated proper form and technique for a variety of exercises
- Promoted healthy spirit, mind, and body philosophy through fitness classes
- Monitored client heart rate during using pulse monitors

Program Coach

- Coached about over 150 clients with six week challenge program
- Provided nutritional advice to help clients meet their desired health goals
- Advised members about healthy lifestyle habits through one-on-one sessions

Assistant Manager

- Attended meetings and seminars to obtain information for use in training programs
- · Managed busiest shift of the day
- Built relationships with clients to ensure their satisfaction with services provided
- · Maintained organized workspace at all times
- Established clear communication channels between staff members to ensure smooth workflow throughout the studio
- · Coached and mentored new employees

Sales Member Consultant

- Used solution selling skills, negotiated pricing terms, and sales knowledge to insure a successful closure of deals
- Performed administrative duties such as providing information over the phone, scheduling appointments, closing deals over the phone
- Achieved annual sales goal by acquiring new members, amount brought in overall \$234,139.50

Event Coordinator

- Designed and managed events by execution of using strong attention to detail
- Assisted in developing promotional materials including flyers, social media posts, banners for targeted audiences
- · Managed timelines and deadlines
- Oversaw event day tasks and responded to lastminute changes and challenges
- Creative idea generating for each event, each month so no event was the same

SKILLS | EXTRAS

- · CPR Certified
- · Certified dance instructor
- Social Media
 Management/Marketing
- ECE (Early Childhood Education)
 Certified
- · Time management skills
- Costumer relations and satisfaction
- Quick learner/ Learns best by experience

REFERANCES

iLovekickboxing Owner-Lindsay Gabrielsen (219) 789-8077

iLoveKickboxing Manager-Emily Layton (815) 452-8110