



SHENIKA TAILOR

I am a confident and dedicated screen actor with experience across film, television, commercial, theatre and modelling projects. Trained in on-camera techniques and character development, I bring a natural presence, emotional authenticity, and adaptability to a wide range of roles. Comfortable both in front of the camera and on set, I take direction well and thrive in collaborative, fast-paced environments. With a strong work ethic and a keen eye for detail, I aim to bring truth and professionalism to every performance.

CONTACT

shenikatailor@hotmail.com

07436351322

<https://www.spotlight.com/2372-7834-2379>

<https://www.instagram.com/shenikaxtailor/>

BIO

Age – 23

Playing Age – 15-25

Height – 163cm / 5'4

Eye Colour – Brown

Hair Colour – Brown

Nationality – British

Ethnicity – Indian / South Asian

Location – London, UK

SKILLS

Accent – British

Accents performed – Indian, American

Sports – Swimming, Boxing, Badminton, Yoga, Pilates, Aikido, Netball, Football & Weight training

Dance – Bollywood, Hip hop

Skills – Blogger, Cooking/Baking, Modelling, Chef, Film/Video Editor (experienced)

Performance Skills - Physical Theatre, Public Speaking, Radio Presenting

TRAINING

- GCSE Drama/ A Level Drama
- National Youth Theatre Workshops
- White City Youth Theatre Performance – NYT connections 2019
- Disney Dance and Performance
- The Models Workshops
- Aikido Training - Red Belt qualified
- Online Acting Courses
- NHS Training - Breakaway Training (defence)

FILM

The Running Man	Stand in - Shelley Conn	Paramount Pictures	Edgar Wright
Levon's Trade	Dancer	Cedar Park Entertainment	Sylvester Stallone, Chuck Dixon, David Ayer
Beetlejuice 2	Double - Jenna Ortega	Warner Brothers	Tim Burton

TELEVISION

The Stand Up Sketch Show	'Nerd'	ITV, Spirt Studios	Ben Kent
The Stand Up Sketch Show	Shenika - Tamsyn's Friend	ITV, Spirit Studios	Ben Kent
Bridgeton	Lady in Waiting	Netflix	Tom Verica, Shonda Rhimes
Eastenders	Indian Daughter	BBC Studios	
The Witcher	Stand in - Anya Chalotra	Netflix	

ONLINE

EF (Education First APP)	Ishani	EF	Autum Works
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BRANDED CONTENT

Samsung - 'Locked in at KX Store'	Hero	R/GA, Samsung	David Welch, Caspar Williamson
Samsung - 'Sunday Reset & Dopamine'	Hero	R/GA, Samsung	David Welch, Caspar Williamson
e.l.f Cosmetics	Hero	e.l.f / Movers and Shakers	Caspar Williamson
e.l.f Cosmetics	Hero	e.l.f / Movers and Shakers	Diane Mendoza
IQ Student Accommodation	Hero - Cozy Bedroom	That Thing	

COMMERCIAL

Yankee Candle	Indian Daughter	Milk Machine	Christian Bevilacqua
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EMAIL ADDRESS

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NUMBER

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SHENIKA TAILOR
A C T R E S S

Dear Representative,

My name is Shenika Tailor, I am 23 years old and live in London, UK.

As an actor, I am committed to telling stories that resonate with audiences and viewers on a profound level. Whether it's shedding light on social issues, exploring the intricacies of human relationships, or simply offering a moment of escapism, I believe in the power of film to inspire, provoke, and entertain.

I believe that acting is more than just reciting lines; it is about embodying the essence of a character, breathing life into their joys, sorrows, and complexities. Every role I undertake is a journey of discovery, an opportunity to delve into the psyche of another person and uncover what makes them uniquely human.

Looking ahead, I am eager to continue my growth as an actor, to challenge myself with new roles and experiences that push me out of my comfort zone. I am excited by the prospect of collaborating with like-minded artists who share my dedication to the craft and the art of storytelling.

At the core of my education is a Bachelor of Arts in Film and Tv with English Literature. This programme provided me with a comprehensive foundation of the film and tv industry as well as combining the analytical side of literature, enabling me to put these practices into action when understanding and learning a script as well as embodying a new character.

In every role I play, I strive to leave a lasting impact—not just through the characters I portray, but through the emotions I evoke and the connections I forge with audiences and viewers. As I continue on this journey, I am eager to embrace new challenges and delve into the complexities of characters yet unexplored. Acting, for me, is not just a profession but a lifelong dedication to the art of transformation and the power of storytelling.

Thank you for considering my application. I look forward to the opportunity to bring my passion, dedication, and talent to your agency.

Sincerely,

Shenika Tailor


