



## Ekaterina Sidorov

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Tacoma, WA 98409

WWW: [Bold Profile](#)

## SUMMARY

I am highly motivated and a quick learner, ready to take on new challenges and responsibilities. I am committed to providing high-quality support and am excited about the opportunity to grow and develop my skills within. My enthusiasm for the field and my dedication to excellence make me a valuable addition to your team. I am eager to contribute my energy and dedication to this group and help achieve high goals.

## SKILLS

- Internet search
- Multi-tasking
- Phone lines
- Filing
- Records management
- File and record maintenance
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## PROFESSIONAL EXPERIENCE

### Care Giver

Tacoma, WA

Marina and Pater Gavriluk/ Mar 2024 to Current

- Helped clients adjust to new lifestyles during periods of incapacitation or recuperation.
- Observed patients for changes in physical, emotional, mental or behavioral condition and injuries.
- Helped patients during ROM exercises to maintain musculoskeletal functions and increase strength.
- Organized oral medications for clients following dosage and schedule requirements.

### Care Worker

Tacoma, WA

Weatherly Inn Medford/ Nov 2022 to Jun 2023

- Initiated conversations with clients about their interests and preferences in order to build a trusting relationship.
- Developed individual care plans based on assessments of the needs of each client.
- Participated in team meetings and training sessions to stay up-to-date on best practices for caring for elderly individuals.
- Planned, prepared or served meals to patients according to prescribed diets.

### Baby Sitter

Tacoma, WA

Denchik Family/ Jul 2020 to Jun 2022

- Assigned age-appropriate chores to encourage self-confidence and responsibility.
- Developing creative ways to encourage learning through everyday experiences.
- Organizing playdates with other children and providing supervision during outdoor activities.
- Using problem-solving skills to anticipate potential issues before they arise.
- Remaining alert at all times while caring for multiple children simultaneously.
- Engaged in after-school activities by assisting with sports practice and homework assignments.

## EDUCATION

Diploma

Wilson High School Jan 2019

WA

## LANGUAGES

**Russian:**



Professional