

CONTACT



215-303-5409



froche.business@gmail.com

16 E. Glenside Ave , Glenside, PA
19038

EMPLOYMENT HISTORY

Training Facilitator:

NOMO Foundation - 01/2022 - Current

Director of Training:

Pathways - 01/2024 - 10/2024

Facilitator, Regional Manager:

Fab Youth Philly - 05/2018 - Current

Trauma Specialist:

Temple University - 05/2023 - 11/2023

Mental Health Counselor:

Black Men Heal - 10/2020 - 05/2022

Service Coordinator:

Centene - 03/2019 - 03/2022

EDUCATION

MASTER OF ARTS - MENTAL HEALTH & WELLNESS May 2021NYU Steinhardt School of Human
Development, New York, NY**BACHELOR OF SCIENCE -
PSYCHOLOGY** Mar 2018

Drexel University, Philadelphia, PA

**BEHAVIORAL HEALTH - HUMAN
SERVICES** Mar 2017Community College of Philadelphia,
Philadelphia, PA

PROFESSIONAL SUMMARY

Highly conscientious licensed professional counselor and certified leadership coach with a proven record of impact and positive outcomes. Knowledgeable in behavioral monitoring, research methods, and rehabilitation techniques with a focus on humanistic approaches. Expertise in process improvements, compliance, training, and professional development.

RELATED EXPERIENCE

LEADERSHIP & EMPLOYEE PERFORMANCE COACH May 2019 - Current

PULSE Consulting , Philadelphia, PA

- Researches and negotiates contracts with community organizations to establish partnerships for ongoing coaching and counseling services.
- One-on-one counseling and coaching with CEO, supervisors and managers to develop strategic planning to improve employee relations.
- Supports employee's performance improvement through disciplining, coaching, and counseling.
- Conducts meetings emphasizing rules, respect and professional conduct to build value-driven framework.

PROFESSIONAL COUNSELOR Oct 2020 - Current

Clinical, Philadelphia, Pennsylvania

- Counsels individuals to assist in overcoming challenges while helping to improve mental, emotional, and behavioral health.
- Applied crisis intervention techniques in emergency situations to ensure client safety.
- Completes and maintained session notes, monthly progress reports, treatment plans, insurance claims processing and invoicing.

DIRECTOR OF PROFESSIONAL SERVICES Jan 2022 - Jan 2024

The NOMO Foundation, Philadelphia, PA

- Manages diverse teams to achieve company goals and improve efficiency.
- Supervise, coach, and develops training staff using organizational wellness strategies that encourages healthy work practices, ethics, and accountability.
- Leads training sessions to enhance team skills and knowledge base.
- Cultivates a culture of continuous improvement through leadership by example.

ADDITIONAL-INFO

- **Personal website:** <https://www.feliciaproche.com/>
- **Published Book:** Unravel: Breaking the Cycle of Family Trauma
<https://g.co/kgs/7v35Mt>
- **Executive Coach Certification** - PA 2023
- **Professional Counselor License** - PA 2024

