Marissa Toland

Detroit, MI | 989-488-8751 | marissa.t.modeling@gmail.com | Instagram:@marissanicoletoland | Tiktok: @marissanicoletoland

ACTING EXPERIENCE

Actors Workshop - Madison Heights, MI

Ongoing Scene Study, Improv, and Meisner Technique (2025 - Present)

- Trained under Aida Munoz
- Weekly classes with focus on emotional availability, repetition work, and scene realism

TV Series: Puke Bitch

Actress - Church Goer | Director: Sam Tricomo (2025)

- Featured in ensemble background role for episodic series
- Worked with professional cast and crew in dynamic scene environments

Background Talent

NiceShirt Productions (Detroit-based) (2023)

- On-set experience with professional film crews
- Comfortable taking direction and adapting to different roles

MODELING EXPERIENCE

Brand Shoot - DIXI Cannabis Products

Commercial / Lifestyle (2025)

- Collaborated with the creative team to develop clean, expressive visuals
- Modeled wellness-focused product placement in a modern setting

User Generated Content - Dr. Danielle

Health & Wellness (2025)

- Filmed and photographed original product promotion material
- Highlighted brand features in natural, authentic tone

Faceless Instagram Modeling

Fashion / Beauty / Commercial Style (Ongoing)

- Created concept-driven content targeting fashion and lifestyle brands
- Built a curated feed with consistent visual storytelling and high engagement

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TRAINING & SKILLS

- Meisner Acting Technique Actors Workshop
- Firearms / Weapons Training U.S. Army (2019 Present)
- Proficient in handling pistols, rifles, and tactical gear
- Modeling Coaching Hannah Noelle Models
- Physical Fitness Active in Pilates, cardio, and body toning
- Strong on-camera presence | Follows direction well | Punctual and adaptable

ADDITIONAL INFO

Height: 5'5"

Hair: Blonde | Eyes: Blue

Willing to travel | Valid Passport | Military Background