

# SHIRLEY NIXON

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## PROFESSIONAL SUMMARY

Skilled Certified Nursing Assistant with good knowledge and understanding of development factors specific to adult and geriatric residents. Level-headed health professional who remains calm and effective in extremely difficult and stressful situations. Strong belief in importance of companionship and support in patient care.

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## SKILLS

- CPR/First Aid certified
- Dementia and Alzheimer's knowledge
- Trustworthy companion
- Committed team player
- Companionship and emotional support
- Compassionate
- Efficient and reliable team player

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## WORK HISTORY

08/2016 to 12/2016 **Certified Nurse Assistant**

*Josephine Karas – Silver Spring MD*

- Assessed patients and documented their medical histories.
- Experience with various medical conditions including, Dementia, Cancer, and Alzheimer's
- I provided behavioral/emotional support and supervision for those with dementia and Alzheimer's
- Recorded patients temperature, pulse and blood pressure.
- Assisted patients with daily functions.
- Monitored fluid intake and output levels.
- Ensured safety and well-being of patients.
- Transported patients to and from different departments.
- Assisted patients with bathing, dressing, hygiene and grooming.
- Completed all daily living tasks to enhance the quality of life of elderly patients.
- Engaged patients with games, crafts, music, reading and other activities.
- Maintained accurate records of patient care, condition, progress and concerns.
- Monitored vital signs, such as blood pressure and pulse.
- Responded appropriately to the physical, emotional and developmental needs of patients.
- Assisted patients with oral hygiene, feeding and elimination.

- Helped patients move in and out of beds, baths, and wheelchairs.
- Cooked appetizing and satisfying meals and snacks.
- Maintained a clean, healthy and safe environment.

03/2017 to 08/2017 **Certified Nurse Assistant**

*Wesley S Tracy – Laurel MD*

- Maintained accurate records of patient care, condition, progress and concerns.
- Monitored vital signs.
- Responded appropriately to the physical, emotional and developmental needs of patients.
- Changed sterile dressings.
- Obtained information about clients' medical history, drug history, complaints and allergies.
- Assisted patients with bathing, oral hygiene, grooming, feeding and elimination.
- Helped patients move in and out of beds, baths, wheelchairs and automobiles.
- I made sure the patient was comfortable from beginning to the end.

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## **EDUCATION**

2010

**Certificate: Patient Care Technician and Certified Nursing Assistant**

*West Central Technical Collage - Waco, Georgia*

2012

**Diploma : Cosmetology**

*Bennett Career Institute - Washington, DC*