

Sarah Fields

Training in Stunt Work, Gig-Worker, Plant-Based Culinarian, Wildlife Rehabilitation and Release Volunteer, Parent of Teens, Widowed

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RECENT WORK EXPERIENCE

Independent Contractor, Grayson, Ga — Gig Worker

MARCH 2021 - PRESENT

Delivery Driver, Mystery Shopper, Merchandizer

Bar Vegan, Lawrenceville, GA — Cook

JULY 2024 - SEPTEMBER 2024

Prep Cook, Line Cook, Inventory, Stock and Rotate Product, Sanitation

Wendy's, Loganville, GA — Crew

OCTOBER 2021 - AUGUST 2023

Fast food daily operations, Manager Trainee, Pick up and delivery of product between stores

EDUCATION

Auguste Escoffier Culinary School, Online — Plant-Based Culinary Diploma

AUGUST 2021 - DECEMBER 2022

Studied Plant-Based/Vegan and Gluten Free Cooking

Community College of Baltimore County, Catonsville, MD— Associate's Degree, General and Pre-Nursing

August 2000 - May 2003

Studied a variety of courses and brought in transfer credits from previous community college coursework.

Fire Science, Automotive Science, Fitness-Weight Training, Nutrition, Stress Management, SCUBA Diving, Lifeguarding, Pre-Nursing and all but one semester of a Registered Nursing Program

SKILLS

Customer service, Teamwork, Problem-Solving, Payment Systems, Communications, Basic Software Proficiency, Research Skills

VOLUNTEER

AWARE - Wildlife Rehabilitation and Release

Yellow River Wildlife Sanctuary - Park Volunteer

Former Fire Department Volunteer 1992-2000 - EMT/Firefighter

HOBBIES/CURRENT TRAINING

ATL Stunts
- Wirework/harness
- Fighting for Film
- Katana (Sword work)
- Tactical Training

Action Collective (Upcoming STUNT training)
- Movement with Fire
- High Falls

Self Study
- Mobility Exercises
- Modified Fitness
- Vegan Nutrition
- Street Dance Styles
- Tricking