

CARLOS ENRIQUE BUSTAMANTE SARMIENTO

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Professional Summary

I'm Carlos Enrique Bustamante, a passionate graduate of Health and Physical Education: Sports and Fitness Studies from Florida International University, driven by a passion for helping others. With a solid foundation in kinesiology, human anatomy, and athletic training, prepared to contribute to team success through hard work, meticulous attention to detail, and superior organizational abilities. Beyond my field of expertise in physical therapy, I'm open to explore opportunities in occupational therapy, radiography, and sonography, all in pursuit of the goal of making a meaningful difference in people's lives. Driven to continuous learn, improve, and succeed in the dynamic field of medical therapy.

Work Experience

Clinical Assistant | Full-time

University of Miami/UHealth

Department of Oncology and Social Work

October 2024-Present

- Assembles, completes, and processes patients' charts, and keeps patient records accurately identified.
- Transcribes doctors' orders, and checks charts for incomplete histories and operative summaries, bringing issues to the attention of the appropriate member of the healthcare team for correction.
- Assists with receiving, distributing, and sorting supplies brought to the unit.
- Documents all equipment issues and reports to appropriate managing staff.
- Receives telephone calls and responds to inquiries regarding Oncology patient needs.
- Reports unusual incidents in a timely manner.
- Adheres to University and unit-level policies and procedures and safeguards University assets.

Therapy Technician | Full-time

Baptist Health West Kendall Outpatient Rehab Miami,FL

August 2023-October 2024

- Ensuring that therapy rooms and areas are organized, clean and ready for patient
- Treatments
- Help patients move to or from treatment area, assisting with transfers, or assisting them
- during exercises as directed by therapist
- Assist with specific patient tasks as directed by physical therapist
- Setting up therapy equipment and performing maintenance or reporting any malfunctions.
- Handling administrative tasks like updating patient records, scheduling appointments, and filing paperwork.
- Making sure treatment areas are stocked with the necessary therapeutic materials

Certified Strength Coach/Personal Trainer-NCSF CSC,CPT

Florida International University

January 2023-October 2024 | Part time

June 2021-January 2023 | Full Time

- Designed and implemented strength and conditioning programs for diverse clients aged 16-70, focusing on improving performance, strength, and mobility.
- Conducted biomechanical assessments to optimize training techniques and reduce risk of injury.
- Delivered personalized coaching sessions, educating clients on proper exercise form and progression based on individual fitness levels and goals.
- Specialized in programming for strength development, athletic performance, and functional movement across all fitness levels.
- Fostered a motivating and inclusive environment, ensuring clients of all backgrounds felt supported in achieving their health and performance goals.

Station Aid Manager-Miami Marathon & 305 Half Marathon/5K

Lifetime Fitness | Seasonal

January 2023-Present

- Lead volunteer groups during athletic events such as Miami Marathon, Miami 305, and Turkey Trot.
- Provide first aid treatment and help seek medical attention to athletes in need during the race
- Have water and electrolyte stations ready for athletes in need prior to the beginning of the race

Athletic Training Service Clinic Intern

Florida International University-Wellness and Recreation Center

Miami, FL

August 2022-December 2022

- Help patients manage pain and restore strength by creating a rehab plan
- Articulate, interpret and apply issues associated with fitness, sport and coaching with athletes and patients
- Utilize the understanding of human anatomy, kinesiology, physiology, and health for a variety of applications in the field of sports and fitness, health, and wellness.
- Demonstrate professional performance, skills, knowledge, attitude, and personality while working within the field of sport and fitness, health, and wellness.
- Apply training, conditioning, and professional practice knowledge to the rehabilitation plan of patients.

Research Assistant

Florida International University-Kinesiology Research Team

Miami,FL

January 2021-October 2021

- Assist in the evaluation of studies to ensure analytic standards are met
- Analyze and conduct literature reviews for research studies
- Prepare for submission to agencies and foundations
- Summarize findings of research results
- Develop research protocols
- Attend team project meetings

Warehouse Associates

West Tech Shipping Miami,FL

January 2021 -June 2021

- Check package contents for anything harmful or illegal.
- Air and sea freight loading
- Lifting items weighting up to 85+ pounds
- Packing parcels and packages that are sent to be delivered to the correct destination

Recreational Service Aide

City of Doral-Parks and Services Department Doral,FL

July 2019-February 2021

- Organize and assist with activity programs of the facility
- Provide first-aid treatment to visitors injured on premises
- Assist individuals with serious injuries to obtain medical care
- Set up and break down events taking place on the work area
- Provide accurate information about available services
- Assist in social and sporting events
- Maintain and enter information into databases
- Assist with special olympic events

Youth Soccer Referee

U.S Youth Soccer (U.S.Y.S) Miami,FL

November 2018-July 2019

- Efficiently Resolve In-Game disputes.
- Present strong leadership skills to communicate with referees, athletes, coaches, and parents
- Display a high degree of in game composure and confidence regardless of difficulty

Barista

Pasion Del Cielo Miami,FL

June 2018-November 2019

- Meet customer needs making drinks to reach satisfaction scores.
- Maintained store professionalism by keeping work area sanitized and shop clean

Sales Associate

Aeropostale Miami,FL

August 2016-June 2017

- Stocked shelves, supplies, and organized displays
- Monitored entrances, exits, and fitting rooms for signs of theft
- Applied excellent communication skills to meet sale targets

Education

Florida International University

Miami, Florida

August 2020-December 2022

- **B.S: Health and Physical Education: Sports and Fitness Studies**
- **GPA: 3.5-Cum Laude Graduate**

Miami Dade College-West Campus

Miami, Florida

August 2018-May 2020

- **A.A: Pre-Physical Therapy Studies**

Skills

- Fluent in English and Spanish
- Microsoft Office Proficiency
- Understanding in Kinesiology, Anatomy, Strength & Conditioning
- Workout Programming
- Strong Communicator
- Innovative

Certifications

- NCSF-Certified Strength Coach (CSC)- Issued June 2022
- Basic Life Support (BLS: CPR and AED)- Issued August 23, 2023
- NCSF-Certified Personal Trainer (CPT)- Issued April 2021
- Citi Program, A Division BRANY: Social/Behavioral Human Research Course-Issued January 2021

Awards and Acknowledgments

Florida International University Deans List

- **Fall 2021**
- **Spring 2020**
- **Fall 2020**

Miami Dade College Deans List

- **Fall 2019**