

CAITLIN JARVIS

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EDUCATION

THE POTOMAC SCHOOL, McLean, VA

Class of 2025

GEORGETOWN UNIVERSITY, Washington, DC

July 2024

- Participated in the course How the Brain Influences Behavior
 - Studied modules, participated in classwork, and created a capstone project

PROFESSIONAL & VOLUNTEER EXPERIENCE

MORGAN'S MESSAGE, McLean, VA

September 2022 – Present

Ambassador and Chapter Leader

- Founded the Potomac chapter of Morgan's Message, an organization centered around student-athlete mental health
- Planned a game dedicated to Morgan's Message for The Potomac Girls Lacrosse team
- Work with the founder, create presentations, and speak at events to promote healthy conversations about athlete mental health

RIVERBEND COUNTRY CLUB, Great Falls, VA May 2023 – Present

Lifeguard

- Ensure pool safety throughout the summer season

PRIVATE LACROSSE GOALIE COACH, McLean, VA

May 2023 – Present

Coach

- Mentor younger goalies; plan drills and practices with situational lacrosse settings; exemplify proper technique

ONE LOVE CLUB, The Potomac School September 2022– Present

Member

- Member of an organization raising awareness about abusive relationships
- Create ideas for potential fundraisers; coordinate logistics; encourage student involvement

THE WRITING CENTER, The Potomac School

September 2024 – Present

Tutor

- Provide writing support for underclassmen; revise essays with students; help develop students' ideas

ATHLETICS

CAPITAL LACROSSE CLUB, Washington, DC

September 2021 – Present

Goalie 2025 Blue Team

- Play against nationally ranked teams in showcases and tournaments across the country
- Number one team in the country (US Club Lacrosse 2023)

HIGH SCHOOL VARSITY LACROSSE TEAM, The Potomac School

September 2022 – Present

Captain (2024); Starter (2021-2024)

- Build team culture through activities; assist coaches with practice by leading warmups; demonstrate proper technique
- Second Team All-State (2024)
- USA Lacrosse All-Academic Team (DC) 2024

OTHER LACROSSE ACCOLADES

- Best In Class player (2023)
- American Select (DC-VA) (2021-2023)
 - 2025 Champions
 - MVP (2025) All Tournament
 - First Team (2022-2023)
- Under Armour 150 (2023)

INTERESTS

- **Interests:** Painting, drawing, reading, and lacrosse coaching