



LAUREN PAULSON

actor • dancer • singer

THEATRICAL EXPERIENCE (selected)

<i>Elvis Has Left the # Building</i>	Jill	Zephyr Theatre	Jay Scoggin & Michael Dufault	2025
<i>Little Huxley & the Devil #</i>	Mr. J	Big Blue Theatre	Thomas Nelson	2025
<i>Mother Rabbit [Table Read]</i>	Elena Kotski	Merrill Arts Center	Benjamin Gagliardi	2025
<i>Twelfth Night</i>	Olivia	Arts Garden	Kati Hoehl	2024
<i>Boxed In</i>	Snup	Big Blue Theatre	Luke Hiland	2024
<i>Little House on the Prairie The Musical</i>	Minnie	Lakeshore Players	Kristin Fox	2024
<i>Anastasia</i>	17-yr-old Anastasia	UNW- St. Paul	Jennifer Hunter	2023
<i>Bye Bye Birdie</i>	Kim MacAfee	Arts Garden	Ruby & Hannah Birk	2023
<i>The Hobbit†</i>	Gollum	UNW- St. Paul	Megan Liesmaki	2023
<i>Anything Goes</i>	Dance Ensemble	UNW- St. Paul	Jennifer Hunter	2023
<i>These Shining Lives</i>	Frances O'Connell	UNW- St. Paul	Jennifer Hunter	2022
<i>Disney's Newsies</i>	Newsie	Black Dirt Theatre	Robin Starch	2022
<i>Lightning Thief: The Percy Jackson Musical</i>	Ensemble	UNW- St. Paul	Jennifer Hunter	2022
<i>Peter Pan: A Musical Adventure</i>	John Darling	UNW- St. Paul	Jennifer Hunter	2021
<i>Emma the Musical</i>	Mrs. Bates	UNW- St. Paul	Jennifer Hunter	2021

† Denotes Irene Ryan Nomination # Denotes Upcoming

TRAINING

Voice

Private Voice Lessons	Anna Hashizume	Home Studio	2025
	Samantha Laumann	UNW- St. Paul	2023-present
	Diana Hansen	Home Studio	2020-2023
Women's Chorale	Alessio Tranchell	UNW- St. Paul	2019-2020

Dance

Jazz/Tap Dance Classes	Julianne Mundale	Sol Creative PAS	2024-present
Dance Company Apprentice	Jolene Konkol	UNW- St. Paul	2022-2024
Jazz/Modern Dance Classes	Jolene Konkol	Concerto Dance	2023-2024
<i>Little Women</i> Dance Captain	Tommy McCarthy	UNW- St. Paul	2022
Private Tap Lessons	Lindsey Fields	UNW- St. Paul	2022
Ballet, Tap, Jazz, Modern	Jolene Konkol	UNW- St. Paul	2021-2023

DETAILS

Height: 5'4"
 Hair Color: Brown
 Eye Color: Blue
 Vocal Range: F3-B5
 Soprano/Mezzo-Soprano

EDUCATION

B.A. THEATRE & B.A. EARLY CHILDHOOD EDUCATION

University of Northwestern- St. Paul

May 2024

SKILLS

- Figure Skating (9 years)
- Violin (7 years)
- Tumbling
- Flexible
- Arm contortionist
- Great jokes
- Organization
- Communication
- Knitting and Crocheting
- Directing
- Costume Designing

