

PO Box 8335

Kellan Marie Lyman

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Hair: Brown

Eyes: Hazel

Height: 5' 8"

Weight: 145 lbs

MARTIAL ARTS EXPERIENCE

Traditional Japanese Karate (Shotokan Style)

1999 - Present

- Five-time U.S.A. Karate National Team Member - 2014 (Budokan, Tokyo, Japan), 2019 (Colombia), 2022 (USA), 2023 (Colombia), 2024 (Japan)
- U.S. National Kumite Champion & 7x All South Regional Champion - 2015 to present
- Performed forms, sparring & self-defense application on festival stages

Boxing

- 2X competed at the Sports Illustrated-featured Friday Night Fights boxing event in front of 2000+ crowd.

SPEAKING EXPERIENCE

Karate Instructor - taught internationally to class of 100+ college students (with no audio equipment)

CEO - Speaking on coffee, carbon markets, sustainability & other topics at events to 1000+ crowds

MODEL EXPERIENCE

Fitness Model

2013 - Present

Various projects

New Orleans, Louisiana

- Equipment demonstrator and merchandise model on platform for live expo demonstration event
- Performed karate forms and sparring sequences for video and photo shots for healthcare ad

Brand Ambassador

March 2013 - Present

Various Brands

New Orleans metropolitan area

- Engaged with community members in marketing outreach events for New Orleans Coffee Import Co., ProSource Fitness, Bud Light, Cane Run Rum, Southern Journey's Travel & others at expos & festivals including Essence Music Festival, The Voodoo Music + Arts Experience, Athletic Business Expo, New Orleans Home & Garden Show

EDUCATION

The University of Georgia – Athens, Georgia

August 2008 – May 2012

Bachelor of Arts in Philosophy & *Bachelor of Arts* in International Affairs

Minor in French

Cumulative GPA: 3.60/4.00

LANGUAGE & ACTIVITIES

- French Language, Yoga, Power Weight Lifting