

Alex Dorling

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Professional Summary

Dedicated and hardworking student-athlete with experience in leadership, customer service, and team management. Strong background in sales, operations, and hands-on labor. Recognized for outstanding organizational skills, reliability, and ability to thrive in fast-paced environments.

Education

York University — Bachelor of Arts, Interdisciplinary Social Science (2018 – Present)

Bishop Macdonell Catholic High School — OSSD (2017 – 2021)

Work Experience

Production Manager

StudentWorks | March 2023 – September 2023

- Managed 250+ clients, generating \$175,000+ in sales
- Trained and supervised employees, overseeing job scheduling and execution
- Resolved customer concerns and ensured project completion to high standards
- Led sales efforts via phone and door-to-door marketing

Window Cleaning Labourer

StudentWorks | April 2022 – September 2022

- Provided professional window cleaning, power washing, and deck staining services
- Worked at heights while ensuring safety and efficiency
- Maintained inventory and managed cleaning supplies

General Warehouse Associate

RinkMaster | November 2020 – February 2021

- Assisted with order fulfillment, stocking, and inventory management
- Maintained a clean and organized warehouse environment

Produce Clerk

Food Basics | May 2021 – August 2021

- Stocked and organized produce displays
- Provided customer service and ensured product freshness

Kitchen Porter/Dishwasher

University of Guelph – Mountain & Prairie Hall | January 2019 – September 2021

- Maintained cleanliness in kitchen and dining areas
- Assisted kitchen staff with food preparation tasks

Volleyball Clinic Coach

Compete Academy | September 2023 – December 2023

- Coached and mentored athletes, focusing on skill development and teamwork

Construction Labourer

Cox Construction Ltd. | May 2024 – September 2024 (*Expected*)

- Assisted with various construction projects, ensuring compliance with safety regulations

Skills & Competencies

- Leadership & Team Management
- Time Management & Organization
- Strong Work Ethic & Reliability
- Customer Service & Sales
- Quick Learner & Adaptability

Athletic & Extracurricular Experience

- **York University Varsity Volleyball Team** (*2021 – Present*)
- **Rep Volleyball – Guelph Gryphons** (*2016 – 2021*)

Volunteer Experience

- **School Sports Referee** – Bishop Macdonell (*2017 – 2020*)
- **Assistant Coach** – Guelph Royals Baseball (*2018*)
- **School Safety Patroller** – St. Paul School (*2014 – 2016*)

Certifications

- CATT Certificate
- Marijuana Safety Certificate

Awards & Achievements

- **Team Ontario Volleyball Recruit** (*2019, 2021*)
- **Bishop Macdonell Sr. Boys Volleyball MVP** (*2019*)
- **Guelph Jr. Gryphons 16U MVP** (*2019*)
- **Bishop Macdonell Jr. Boys Volleyball Excellence Award** (*2018*)
- **Guelph Jr. Gryphons 15U Most Improved Player** (*2018*)
- **School Baseball MVP** (*2017*)
- **Safety Patroller Excellence Award** (*2015*)

Hobbies & Interests

- Sports & Fitness
- Cooking & Nutrition
- Playing Guitar
- Spending Time with Family & Friends

References

Jordan Taylor

Head Coach – York Men's Volleyball
(780) 908-6156