



LAUREN “LO” BEATTY

ACTING/RUNWAY/CHOREOGRAPHY

Lo Beatty is a multifaceted creative with a passion for artistry in all forms. As an artist, author, yoga instructor, and communications professional, she brings her unique perspective to every project she takes on. When she's not exploring new creative endeavors, Lo is a part-time florist, runway model, and adventurer, always seeking fresh performance opportunities in dance, theatre, and orchestral ensembles.

Education

American University of Paris
Paris, France

M.A. Cross Cultural & Sustainable Business Management

Olivet Nazarene University

B.S., International Business & Political Science



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Chicago, Illinois

Height: 5'6"

Eyes: Brown

Weight: 175 lbs

Hair: Brown

Performance

Runway

Northwest Arkansas Fashion Week | modeled for Elizabeth - 2018

Northwest Arkansas Fashion Week | modeled for Elizabeth - 2021

Northwest Arkansas Fashion Week | modeled for Elizabeth - 2024

Choreographer

Dance in the Light Performance Company - 2010-2021

"Be Our Guest" - GatheringPoint - 2018

Theatre (selected)

A Chorus Line (cut dancer with speaking lines) - 2022

"The Woman at the Well" (monologue) - 2022

Ghost Light Cabaret (featured dance ensemble) - 2021

West Side Story (Shark ensemble, featured dancer) - 2018

Lil Abner - 2009

Annie - 2007

Shakespeare: Together & Alive at Last - 2007

Orchestra

River Valley String Ensemble

Pit (**Little Women** (2010) , **Once Upon a Mattress** (2012))

Olivet Nazarene University Orchestra

Skills

- Dance (tap, ballet, jazz, hip hop, musical theatre, pointe, acrobatics, Zumba)
- Yoga (vinyasa yoga practice & instruction)
- Art (painting with oil, acrylic, watercolor)
- Musical instruments (violin & piano)
- Fashion design
- Athletics (swim, bike, jog, volleyball)
- French (reading & speaking)
- Ambidextrous
- Handstand, cartwheel, backbend, somersault, etc.
- Types 72 wpm
- Intermediate French
- Meyers-Briggs: INTJ
- Enneagram: 5
- Traveled to 23 countries
- Yoga Alliance 200 E-CYT