

# Kristen “Hope” Osborn

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## EDUCATION

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- Emory University**, Atlanta, GA **Jun 2012 – May 2014**  
Doctorate of Physical Therapy, Honors
- The University of Georgia**, Athens, GA **Aug 2006 – May 2010**  
Bachelor of Science Education, Honors  
Major: Exercise and Sports Science, Concentration: Pre-Physical Therapy

## CERTIFICATION

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- Board-Certified Pediatric Specialist** **2020 - 2030**  
● Governed by the American Board of Physical Therapist Specialties, a section of the American Physical Therapist Association

## PHYSICAL THERAPY EXPERIENCE

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- Acute Care Physical Therapist**, Children’s Healthcare of Atlanta at Scottish Rite, Atlanta, GA **Aug 2022 – Nov 2023**  
● Continued to provide therapeutic services in acute care, including within the oncology, orthopedic, critical care, technology-dependent, neurology, medical step-down, outpatient surgical and neonatal critical care units  
● Oriented and trained newly hired physical therapist to the acute rehabilitation department, including quarterly check-ins within their first year of hire  
● 12 weeks spent as a clinical instructor for a doctoral student of physical therapy  
● Trained colleagues in intubated mobility and in the use of Rifton Tram and Xcite functional FES system  
● Established digital and physical collections of standardized measures utilized within the acute care setting  
● Continued as acute care department’s representative on the Physical Therapy Clinical Practice Committee  
● Recently trained in utilizing the General Movement Assessment, a testing measure specifically for premature patients in the NICU
- Float Physical Therapist**, Children’s Healthcare of Atlanta, Atlanta, GA **Aug 2016 – Aug 2022**  
● Daily floated across acute care at two hospitals, comprehensive inpatient rehabilitation unit (“CIRU”), and outpatient intensive rehabilitation program (“Day Rehab”) to provided therapeutic services across a continue of care to patients from premature to 21 years of age with an array of conditions and medical diagnosis, including but not limited to respiratory distress, developmental delay, cerebral palsy, seizure disorders, traumatic brain injury, spinal cord injuries, and pre/post orthopedic surgeries  
● Trained in and provided specialized therapeutic services including neuroprotective and development care in NICU, intubated mobility in ICU, aquatic therapy in onsite Hydroworks pool, and interthecal Baclofin pump trials in CIRU.  
● Stepped in as a clinical supervisor for students of physical therapy when primarily clinical supervisors were off-site for the day  
● Acted as the acute care department’s representative on the Physical Therapy Clinical Practice Committee  
● Frequently utilized vital signs, ROM, MMT, the ped-mTNS, TUG, 6-MWT, Pediatric Balance Scale, FLACC, Modified Spacticity Scale, Dynamic Gait Index, and PDMS-2 as assessment tools within evaluations
- Physical Therapist**, All About Kids Therapy Services, Lawrenceville, GA **Jul 2014 – Aug 2016**  
● Provided therapeutic services in both an outpatient rehabilitation clinic and within the Babies Can’t Wait early intervention program to children ages 0 months to 16 years of age with an array of congenital and neuromuscular conditions, including but not limited to Down’s syndrome, cerebral palsy, seizure disorders, cerebellar ataxia, arthrogryposis, traumatic brain injury, and torticollis  
● Utilized PDMS-2, BOT-2, GMFM, and the Clinical Practice Guidelines for Torticollis for standardized testing  
● Utilized cage therapy, pulley therapy, theratog gait training, LiteGait treadmill training, and an assortment of assistive devices when appropriate for individual plans of care and treatment sessions  
● Weekly collaborated with a team of early interventionists to discuss patient status, family-oriented goals, and home-based treatment plans and available services  
● Weekly or bi-weekly met with a multidisciplinary team at the clinic to discuss evidence-based research, pertinent topics to our patient population, and case studies for coaching and educating  
● 2 weeks and 1 week spent as a clinical instructor to doctoral students of physical therapy

- Student of Physical Therapy Intern**, Children's Healthcare of Atlanta, Atlanta, GA **Jun – Aug 2013**
- 10 weeks in a pediatric outpatient rehabilitation clinic
  - 1 day assistantships in aquatic, day rehabilitation, comprehensive inpatient rehabilitation, and acute settings
  - Evaluated children with torticollis, partially connected corpus callosum, dyspraxia, and developmental delays
  - Progressed and treated children 3 months to 18 years of age for a variety of post-surgical and neurological conditions, including but not limited to cerebral palsy, Down's syndrome, CHARGE syndrome, hemihyperplasia, prenatal opioid exposure, traumatic brain injury, and rare chromosomal abnormalities, such as Xp11.2 duplication and 5q14.3 deletion
  - Assisted in the construction of serial splinting and casting for hypertonia
  - Presented an in-service on Opioid Exposure from Prenatal to Young Adult to all PTs and PTAs in the department

- Student of Physical Therapy**, Children's Healthcare of Atlanta & DeKalb Memorial Hospital, Atlanta, GA **Jan – May 2014**
- Self-Directed Study: Physical Therapy in the Neonatal Intensive Care Unit
  - 12 hours of observation with a physical therapist in the Neonatal Intensive Care Units
  - Created a comprehensive competency notebook covering topics from fetal development, to physical therapy interventions and standardized tests used by physical therapists in the NICU, to caregiver education and discharge planning

- Student of Physical Therapy Intern**, St. Joseph's Hospital, Savannah, GA **Mar – May 2013**
- 10 weeks in the cardiac, neurological, and general intensive care units
  - 12 days in the inpatient rehabilitation unit
  - Evaluated and treated adults post-cardiovascular surgery, post-cerebral vascular accidents, with sepsis, and/or with respiratory failure, some of which were on mechanical ventilation and dialysis
  - Facilitated mechanical lifts and graded transfers for early mobilization of patients in intensive care units.
  - Conducted exercise interventions and gait training with patients post-amputation or orthopedic surgical intervention

- Student of Physical Therapy Intern**, Concentra, Oakland, CA **Jun – Aug 2013**
- 10 weeks in an outpatient industrial medicine clinic
  - Evaluated and treated adults with chronic overuse, post-surgical, and traumatic injuries
  - Utilized exercise prescription, manual therapy, electrical stimulation, and functional activities for therapeutic intervention
  - Educated and facilitated appropriate posture and lifting techniques
  - Observed surgical interventions for meniscus repair and frozen shoulder

- Missionary**, Chennai, India **May – Jul 2010**
- Assisted with physical therapy evaluations for impoverished children with severe conditions and deformities

- Student Assistant**, Adaptive Physical Education, University of Georgia, Athens, GA **Jan – May 2010**
- Planned and facilitated gym and aquatic therapy for a child with Down's Syndrome to promote motor development

## **CHILD DEVELOPMENT EXPERIENCE**

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- Program Staff**, Camp Twin Lakes, Rutledge, GA **May – Aug 2007**
- Connected with and adapted to the needs of assorted camps for children with serious illnesses, disabilities, or other challenges
  - Coordinated with staff members and supervisors to create a positive and flexible environment
  - Planned and facilitated adventure activities for 200 campers per week, including ropes course, climbing wall, nature walks, biking, and photography

- Nanny**, Dunwoody, GA **Jul 2011 – May 2012**
- Assistance in activities of daily living and continuing education for a 4 and 6 year old

## **LEADERSHIP EXPERIENCE**

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- Preceptor**, Emory University, Atlanta, GA **Aug – Dec 2013**
- Assisted faculty in lab facilitation for the Introductions to Interventions course
  - Lectured on "Yoga in Physical Therapy"
  - Developed instructional resources, such as case studies, therapeutic exercise handouts, and audiovisual material

- College-Age Ministry Coordinator**, First United Methodist Church of Lawrenceville, Lawrenceville, GA **Oct 2011 – Jul 2012**
- Organized, facilitated, and coordinated all ministry programs and small group meetings
  - Taught and mentored young adults in their faith and personal-social lives

- Resident Assistant**, Department of University of Georgia, Athens, GA **Aug 2009 – May 2010**
- Organized, facilitated, and budgeted funds for monthly programs for social, educational, and cultural growth for female freshman residents living on campus

**Background and Featured Extra, Atlanta, GA**

**Dec 2011 – Aug 2014**

- Worked on sets of Anchorman II, The Hunger Games, The Divergent Series, and various other projects
- Followed directions on a dynamic sets while honing the art of body language and team collaboration

## **RESEARCH**

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**Researcher, Emory University's Motion Analysis Laboratory, Atlanta, GA**

**Aug 2012 – May 2014**

- Study: A Kinematic and Kinetic Comparison of Overground and Treadmill Walking in Typically Developing Children
- Responsible for the collection, processing, and interpretation of kinematic and kinetic quantitative gait data utilizing a Vicon 3D motion capture system

## **CAMPUS AND COMMUNITY INVOLVEMENT**

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**Camp Physical Therapist, Camp Infinity at Camp Twin Lakes, Rutledge, GA**

**Summer 2018 & 2019**

- Visiting with patients and families for entertainment and emotional support

**Volunteer, Good Samaritan's Clinic, Atlanta, GA**

**Volunteer, Children's Healthcare of Atlanta (Bert's Big Adventure), Atlanta, GA**

**Jun 2012 – May 2014**

- Visiting with patients and families for entertainment and emotional support

**Volunteer, Good Samaritan's Clinic, Atlanta, GA**

**Aug 3, 2013**

- Conducted a "Backpack Clinic" to educate children and parents on backpack weight guidelines

**Leader, Wesley Foundation, Athens, GA**

**Aug 2008 – May 2010**

- Dance Ministry - Choreographed and collaborated to organize a large-scale performance

**Leader, Wesley Foundation, Athens, GA**

**May 24 – Jul 1 2010**

- India - Physical therapy, orphanage support, Mother Teresa Home volunteer