

**Brazille Dos Santos**  
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## SUMMARY

Dedicated student worker with a passion for promoting mindfulness and well-being through daily yoga practice, currently on a journey to become a marriage and family therapist. Skilled in guiding and instructing individuals to discover the transformative benefits of yoga and cultivate mindfulness in their lives, I am committed to helping others achieve mental clarity, reduce stress, and overall well-being through the practice of yoga. With strong interpersonal and communication skills, I attain an inclusive environment for all participants.

## EDUCATION

**B.A Psychology- University of Arizona**

**Minor in Spanish GPA- 3.0**

August 2022 - present

## EXPERIENCE

**Creative Bridges Cooperative Preschool - *Assistant Teacher***

June 2022- August 2023

Maintained a clean environment by changing diapers while potty training 15+ children

Created a safe space for children ranging from 12 months to 3 years old with two other caregivers

Interacted with infants and toddlers working towards age-appropriate milestones

**Care.com - *Nanny***

March 2024- October 2024

Deliver high-quality care to an 11 month old, including managing daily routines and providing nurturing support.

Design and implement age-appropriate activities to promote developmental milestones.

Ensure a safe, hygienic environment and effectively communicate with parents regarding child progress and needs.

**Boba Brew UA- *Barista***

Feb 2025- Present

Delivered exceptional customer service by taking orders, answering questions, and ensuring a positive guest experience.

Prepared and served a variety of bubble tea beverages with accuracy and attention to quality.

Maintained a clean and organized workspace, adhering to health and safety standards.

## CERTIFICATIONS/VOLUNTEERING

- **200-Hour Yoga Teacher Training Course - Hatha & Vinyasa Yoga** (June 2023)

iCourse- Yoga Renew

- **Tucson Festival of Books- Line Management** (March 2024, 5 hrs)

Efficiently managed lines and queues at Tucson Festival of Books venues for presenting authors

Provided event information and answered attendee inquiries. Maintained orderliness with festival policies.

- **San Diego Habitat for Humanity** (Jan 2022, 8 hrs)

Actively participated in the construction and renovation of affordable housing for low-income families

Developed my project management and problem-solving skills, and provided me with hands-on technical experience.

- **Washington Activity Center- Summer Camp Volunteer** (June/July 2016-17, 720 hrs)

Assisted with planning and conducting recreational and educational activities for children of various age groups.

Supported camp staff in supervising and engaging campers, ensuring a safe and inclusive environment. Facilitated group activities, games, and projects to promote teamwork and social skills among participants.