



NINA BENIGNETTI

ACTOR

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ABOUT ME

Born in Italy raised between Mexico and United States. Started to modeling at age of 4, acting on stage at age of 6. Kept my artistic side performing ballet, flamenco dance, playing piano, acting in schools' short films and music videos, while working in the tourism industry and designing South Asian weddings productions.

PHYSICAL STATS

Height: 5'8" (173 cm)

Weight: 121 lbs (55 kg)

Bust/Chest: 23" (58 cm)

Waist: 24" (61 cm)

Hips: 36" (91 cm)

Dress Size: 2/S US (UK 6 / EU 34)

Shoe Size: 7.5 US (EU 38)

Hair Color: Light Brown

Eye Color: Hazel

Skin Tone: Fair

LANGUAGES, TYPE & SKILLS

- Italian, English and Spanish
- Screen acting: villain/mean girl, comedy/dramady, period piece, romantic roles
- Creative/ Focused + Determinate /Good communicator
- Organized + Fun / Script analysis /Details oriented
- Yoga, Ballet, Skiing, Snowboarding, Riding horses
- Teamwork

ACTING TRAINING

- Introductory workshop [@The Imagined Life STUDIO](#) with Faline England 2022
- Masterclass Strasberg method [@Lee Strasberg Institute](#) with Patrick Bonavitacola 2022
- On camera auditioning Int/Adv [@Margie Haber STUDIO](#) on camera 2022
- 9 Questions of Intentional Acting workshop by [Loren E Chadima](#) 2022 onward
- Masterclass of the improve core basics [@Groundlings](#)
- Alumna [@The Imagined Life STUDIO](#) 2024

EXPERIENCE

- High school [@Golfo Paradiso Camogli, Italy](#) 1999-2003 (Theatre plays, starred in medieval plays such as Hamlet, Joan of Arch)
- Short FILM "La Gabbia" and THEATER PLAY "Coincidenze" [@Istituto De Amicis Milano, Italy](#) 2008
 - Won an award for the 45° Convegno Internazionale di Studi Pirandelliani
 - Character: The girlfriend (short film) / La madre (play) Topic: human beings cannot distinguish between the real and the apparent, the distinction itself is illusory
- Character: intelligence service therapist in Golden Blood September 2023 short film to test the new Sony phone camera
- Character: Mom in REMINISCENCE short film October 2023 (student film CSUN)
- Content creator for Italian brands: real estate, financial products among all.