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|  | **Avery Sanquist****Hospitality and Service***Multi-faceted hospitality professional with 6+ years of practical experience. Excellent record of meeting defined goals and objectives through exceptional organization and planning. Extensive knowledge of serving and supporting high-end clients within the bakery and pastry field.* **Work History**

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| **2022-06 - Current** |  | Pastry Cook III***The Breakers Resort West Palm Beach**** Responsible daily production and decoration for all hotel dessert items, including both pastry and cake products.
* Assisted in managing, organizing and cleanliness for dry storage, refrigerators and kitchen.
* Handled organizing and executing large party plating and presentation to meet hotel standards.
* Managed and lead Sunday brunch buffet with a strong concentration on dessert area.
* Leveraged relationships to help motivate team members to accomplish tasks in a difficult time schedule.
* Mentored and assisted in the training of new individuals on the team.
* Breakers Sommelier Course offered and passed
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| **2017 - Current** |  | Baker’s Assistant***Qt Bites and Delights Bakery – Jupiter, FL**** Assisted head baker to meet customer demands in a high-speed environment.
* Oversaw decoration of custom baked goods for key events (weddings, birthdays, other special occasions)
* Helped grow business through high quality standards and strengthening the reputation of the business in the local area.
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| **2019-2022** |  | Culinary Assistant TA *Niagara University, New York** Lead baker for the class
* Helped with front of house needs
* Assisted others in keeping up with curriculum and being successful in the course.
* Assisted in Wine and Cuisine Course
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| **2019-2022** |  | Instructor*Sensational Swim School* * Swim instructor for children 18 months to 10 yrs.
* Responsible for child safety and development of swimming skills.
* Focus on survival skills in the water and technical skills for more advanced swimmers.
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 |  |  |  **Contact**  Address Jupiter, FL 33458Phone (210) 485-8530E-mail avesanq@gmail.com**Skills** Strong organizational and communication skillsTime management and efficiency planningExperienced in fast pace high demand environmentsExcellent in Microsoft Office-Excel, Word, PowerPoint, Teams, SharePoint and google docs.Strong work ethic with goal-oriented focus**Education**  Niagara University – Niagara University, NYBachelor of Science in Hospitality and Tourism(Concentration: Food and Beverage Management)Graduated May 2022* GPA 3.5 Dean’s List (3 semesters)
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