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|  | **Avery Sanquist**  **Hospitality and Service**    *Multi-faceted hospitality professional with 6+ years of practical experience. Excellent record of meeting defined goals and objectives through exceptional organization and planning. Extensive knowledge of serving and supporting high-end clients within the bakery and pastry field.*  **Work History**       |  |  |  | | --- | --- | --- | | **2022-06 - Current** |  | Pastry Cook III  ***The Breakers Resort West Palm Beach***   * Responsible daily production and decoration for all hotel dessert items, including both pastry and cake products. * Assisted in managing, organizing and cleanliness for dry storage, refrigerators and kitchen. * Handled organizing and executing large party plating and presentation to meet hotel standards. * Managed and lead Sunday brunch buffet with a strong concentration on dessert area. * Leveraged relationships to help motivate team members to accomplish tasks in a difficult time schedule. * Mentored and assisted in the training of new individuals on the team. * Breakers Sommelier Course offered and passed |  |  |  |  | | --- | --- | --- | | **2017 - Current** |  | Baker’s Assistant  ***Qt Bites and Delights Bakery – Jupiter, FL***   * Assisted head baker to meet customer demands in a high-speed environment. * Oversaw decoration of custom baked goods for key events (weddings, birthdays, other special occasions) * Helped grow business through high quality standards and strengthening the reputation of the business in the local area. |  |  |  |  | | --- | --- | --- | | **2019-2022** |  | Culinary Assistant TA  *Niagara University, New York*   * Lead baker for the class * Helped with front of house needs * Assisted others in keeping up with curriculum and being successful in the course. * Assisted in Wine and Cuisine Course | | **2019-2022** |  | Instructor  *Sensational Swim School*   * Swim instructor for children 18 months to 10 yrs. * Responsible for child safety and development of swimming skills. * Focus on survival skills in the water and technical skills for more advanced swimmers. | |  |  | **Contact**      Address  Jupiter, FL 33458  Phone  (210) 485-8530  E-mail  avesanq@gmail.com  **Skills**    Strong organizational and communication skills  Time management and efficiency planning  Experienced in fast pace high demand environments  Excellent in Microsoft Office-Excel, Word, PowerPoint, Teams, SharePoint and google docs.  Strong work ethic with goal-oriented focus  **Education**     Niagara University – Niagara University, NY  Bachelor of Science in Hospitality and Tourism  (Concentration: Food and Beverage Management)  Graduated May 2022   * GPA 3.5 Dean’s List (3 semesters) |  |

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