

# RÉSUMÉ – ARYA JUGERNARTH



**NAME:** Arya Jugernarth  
**CONTACT:** +27823057908  
**EMAIL:** [prashika.mahesh@gmail.com](mailto:prashika.mahesh@gmail.com);  
[arya.jugernarth19@gmail.com](mailto:arya.jugernarth19@gmail.com)  
**DATE OF BIRTH:** 19 February 2007  
**GENDER:** FEMALE  
**HEIGHT:** 1,54m (4 foot)

**SPECIAL SKILLS:** Rhythmic Gymnastics, Dance (Modern, Jazz, Hip Hop, Contemporary, Cecchetti Ballet, Spanish, Tap, Bollywood), Singing (Soprano, Voice over), Tennis, Swimming

## Achievements

Year	Category	Issuing Authority	Achievements
2024	Dance	National Eisteddfod of South Africa	Achieved a place in the Semi Finals of the Young Performer Awards for Fusion Dance Solo
		Reddam House Umhlanga	Awarded half colours for Dance
		Shall We Dance	Participated in Modern, Spanish and Bollywood Dances
		Rudra Dance Academy	Participated in annual showcase
		The Cecchetti Society of SA	Honours achieved in Intermediate Cecchetti Ballet exam and qualified to participate in the Gala event for the Elaine Hubbard Bursary
	Academics / Other	Reddam House Umhlanga	Awarded half colours for academics and Director's award Merit awards achieved in Drama, Life Orientation, Dance and Maths Literacy
2023	Dance	National Eisteddfod of South Africa	Diploma achieved in Dance category – any other dance Chosen to participate in the National Eisteddfod Young Performer Awards Competition
	Spanish Dance	Spanish Dance Society	Distinction achieved in Terce Ano exam
	Tap	Imperial Society of Teachers of Dancing	Distinction achieved in Medal Test Bronze: Tap Dance
	Drama	Kickstart Theatre Productions	Played the role of Roo in the Musical Theatre Production Winnie the Pooh
		National Eisteddfod of South Africa	Silver medal achieved for English Prepared Individual Story Telling
	Academics (Grade 11)	Reddam House Umhlanga	- Awarded Full Colours for Dance - Distinctions received in Dance, Maths Literacy and Life Orientation
	Voice	National Eisteddfod of South Africa	Gold medal awarded for contemporary voice solo with backing track – own choice
	Other	Shall We Dance	
American Academy of Ballet			Achieved a 30% scholarship to the American Academy of Ballet Summer School for 2024
Rudra Dance Academy			Participated in annual showcase

## RÉSUMÉ – ARYA JUGERNARTH

2022	Ballet	The Cecchetti Society of SA	Merit achieved in Intermediate Foundation Cecchetti Classical Ballet Exam Participated in the Gala Performance
		National Eisteddfod of South Africa	Gold medal awarded for Ballet Classical Solo
	Modern/Contemporary	Imperial Society of Teachers of Dancing	Distinction achieved in Level 3 certificate in Vocational Graded Examination in Intermediate Modern Theatre
		National Eisteddfod of South Africa	- Diploma awarded for Contemporary Dance Solo - Participated in Quarter Finals of the National Eisteddfod Young Performer Awards Competition
	Spanish Dance	Spanish Dance Society	Distinction achieved in Segundo Ano exam
	Drama	National Eisteddfod of South Africa	Diploma awarded for English Prepared Individual Story Telling
	Academics (Grade 10)	Reddam House Umhlanga	- Awarded Half Colours for Academics - Awarded Full Colours for Dance
	Voice	National Eisteddfod of South Africa	Gold medal awarded for contemporary voice solo with backing track – own choice
	Other	Shall We Dance	Participated in Modern and Bollywood Dances
KZN Dance Academy		Participated in Ballet in the production of The Snow Queen	
Rudra Dance Academy		Participated in annual dance showcase	
2021	Ballet	Imperial Society of Teachers of Dancing Cechetti Classical Ballet	Certificate of participation in Online Choreography Competition 2020 – 2021
		National Eisteddfod of South Africa	Gold Medal awarded for Ballet: Free Shoe Section
		The Cecchetti Society of SA	- Merit achieved in Grade 5 Cechetti Classical Ballet Exam - Participated in Mabel Ryan Medal Award
	Modern / Contemporary	Imperial Society of Teachers of Dancing	Distinction achieved in Grade 6 Modern Theatre Exam
		A.I.D.T.	Honours achieved in Preliminary Modern Exam
		Talento con Grazia Eisteddfod	Gold medal awarded for Contemporary Dance Solo
		National Eisteddfod of South Africa	Diploma awarded for Contemporary Dance Solo
	Spanish Dance	Alianza Flamenca	Realizado achieved in Curso Preliminar Exams
	Academics (Grade 9)	Crawford International / Crawford College	- Distinction in Option Drama - Distinction Cum Laude in Creative Arts and Dance - Junior Full Colours awarded for Dance
	Voice	Royal School of Music	Merit achieved in Grade 4 voice exam
		Talento con Grazia Eisteddfod	Gold Medal achieved in Vocal: Musical section
National Eisteddfod of South Africa		- Diploma achieved for Contemporary Solo with backing track – Own choice - Gold Medal achieved for Classical Singing Solo with backing track – Music from the Romantic Period	

## RÉSUMÉ – ARYA JUGERNARTH

			<ul style="list-style-type: none"> <li>- Gold Medal achieved for Crossover Singing Solo with backing track – Broadway Musical</li> <li>- Silver Medal achieved for Classical Singing Solo with backing track – Concert Programme/Recital</li> </ul>
	Rhythmic Gymnastics	Ocean Rhythmic Gymnastics Club	Gold medal awarded for Level 8 Free Dance in Interclub Competition Placed 3 <sup>rd</sup> overall in the South African
		Crawford College	Junior Half Colours for Rhythmic Gymnastics
2020	Modern Dance	Crawford College	Awarded Junior Half Colours
	Ballet	American Academy of Ballet	Gold medal awarded for Level 6 performance awards and 25% bursary awarded for attendance at the Summer School
	Academics (Grade 8)	Crawford College	Passed Afrikaans, Dance, Creative Arts, Technology Cum Laude and distinction received for Drama
	Other	Crawford College	<ul style="list-style-type: none"> <li>- Junior Scroll awarded for Tennis</li> <li>- Part of CPLL tennis squad</li> </ul>
2019	Leadership	Crawford Preparatory La Lucia	Tennis Captain
	Modern Dance	Association of International Dance Teachers (A.I.D.T)	<ul style="list-style-type: none"> <li>- Distinction (92%) pass in Orange Medal Test Exam</li> <li>- Honours pass (86%) in Preliminary Junior Modern Exam</li> </ul>
		Natal Festival of Dance	Placed 3 <sup>rd</sup> in Novice Straight Modern/Jazz 12 – 13 years old category
		DNC Eisteddfod	Gold for Jazz Dance category
	Ballet	Classical Ballet – Cecchetti Society Faculty	Merit pass in Grade 4 Cecchetti Classical Ballet Exam
	Voice	Crawford Prep. La Lucia Music Festival	<ul style="list-style-type: none"> <li>- A++ for solo performance</li> <li>- A+++ for duet performance</li> </ul>
		Crawford Prep. La Lucia	Member of the School Choir
		Royal School of Music	Merit pass in Grade 3 Voice exam
	Piano	Crawford Prep. La Lucia Music Festival	Placed 3 <sup>rd</sup> for Grade 2 Initial Pianist category and placed 3 <sup>rd</sup> for Most Promising Initial Grade 2 Pianist Category
	Drama	Speech and Drama Association of South Africa	Sight Reading: A Mime: A English Poem: A Afrikaans Poem: A Monologue: A
		Danceworkx Production	Certificate of achievement for performance in musical The 12 Dancing Princesses to be staged at the Natal Playhouse
		Crawford Preparatory La Lucia	Participated in the School Production Back and Beyond
		DNC Eisteddfod	Gold for English Poetry Section
Academics (Grade 7)	Crawford Preparatory La Lucia	<ul style="list-style-type: none"> <li>- Awarded full colours for Dance, Drama and Music</li> <li>- Awarded The Hannah Williamson Trophy for Conscientious Endeavour</li> </ul> Distinctions received in Technology, Dance Theory and Practical -Achieved third place in Gr7 science fair	

## RÉSUMÉ – ARYA JUGERNARTH

	Rhythmic Gymnastics	South African Gymnastics Foundation	- Certificate of Participation at the 2019 South African Gymnastics Games Certificate of Participation at the 2019 KwaZulu Natal Rhythmic Gymnastics Championships Placed First in the South African Gymnastics Games for a Group Item
	Other	Crawford Preparatory La Lucia	- Part of CPLL tennis squad - Represented CPLL in Inter-Crawford Tennis Tour Represented CPLL in inter-school tennis matches
2018	Modern Dance	Crawford Preparatory La Lucia	Full colours received for Dance
		Association of International Dance Teachers (A.I.D.T.)	96% for Medal Test (Blue Medal)
		DNC Eisteddfod	Gold (80%) for solo performance
		Move Competition	Honorary mention received for Modern Solo
		Crawford Preparatory La Lucia	Finalist in Crawford's Got Talent
	Ballet	Classical Ballet – Cecchetti Society Faculty	Merit pass in Test 4 examination
	Voice	Crawford Prep. La Lucia Music Festival	3 <sup>rd</sup> place for Most Promising Singer
		Crawford Prep. La Lucia Music Festival	A++ for voice solo performance
		Crawford Prep. La Lucia Music Festival	A++ for duet performance
		Royal School of Music	Merit pass in Grade 2 Singing exam
		Crawford Prep. La Lucia	Member of the school choir
	Piano	Crawford Prep. La Lucia Music Festival	A+ for solo performance
		Trinity College Exam	Merit pass for Grade 1 Piano Exam
	Drama	Speech and Drama Association of S. A. Crawford Prep. La Lucia Speech and Drama Festival	Sight Reading: B+ English Poem: B+ Afrikaans Poem: B+ Monologue: B
		Danceworkx Production	Part of the cast of the musical Doorway To Zinnia staged at the Natal Playhouse
	Academics (Grade 6)	Crawford Preparatory La Lucia	Distinctions received for: Life Skills, Dance, Drama, French
	Rhythmic Gymnastics	South African Gymnastics Foundation	Placed 21 <sup>st</sup> in the S. A. National Competition for Level 4
		South African Gymnastics Foundation	Placed 2 <sup>nd</sup> and received a silver medal for KZN competition for Level 4
		Bluff Rhythmic Gymnastics Academy	Placed 1 <sup>st</sup> and received a gold medal for both club and inter-club competitions
	Ice Skating	Durban Junior Ice Skating Competition	Placed 2 <sup>nd</sup> for level 3
		Toti Seals Interclub Competition	Placed 2 <sup>nd</sup> for level 3
	Other	Crawford Preparatory La Lucia	Half colours for music
		Crawford Preparatory La Lucia	Principal's award for working with determination and display of impressive maturity and work ethic.
Crawford Preparatory La Lucia		Part of CPLL tennis squad Represented CPLL in inter-school tennis matches	

## RÉSUMÉ – ARYA JUGERNARTH

Year	Category	Issuing Authority	Achievements
2017	Modern	Crawford Preparatory La Lucia	Commendation award for Dance
	Dance	Natal Festival of Dance	Placed 3 <sup>rd</sup> for Modern Jazz Solo
	Ballet	Classical Ballet – Cecchetti Society Faculty	Distinction achieved in Grade 1 exam
	Voice	Crawford Prep. La Lucia Music Festival	A+ for solo performance
		Crawford Prep. La Lucia Music Festival	A+ for group performance
		Crawford Prep. La Lucia	Participated in the Best of Best Music Festival
		Crawford Prep. La Lucia	Member of the school choir
	Piano	Crawford Prep. La Lucia Music Festival	A for solo performance
		Trinity College Exam	Distinction achieved for Initial Piano Exam
	Drama	Crawford Preparatory La Lucia	Played a lead role in annual school production
		Speech and Drama Association of S. A. Crawford Prep. La Lucia Speech and Drama Festival	Sight Reading: A+ English Poem: A+ Afrikaans Poem: A+ Monologue: A
		Crawford Preparatory La Lucia	Commendation award received
	Academics (Grade 5)	Crawford Preparatory La Lucia	Distinctions received for: Life skills, French, Dance, Drama, Physical Development and Movement Number of days absent: Nil
	Rhythmic Gymnastics	South African Gymnastics Federation	Gold medal and 4 <sup>th</sup> place at Novice National (KZN) competition for Level 3
		Bluff Rhythmic Gymnastics Academy	1 <sup>st</sup> place <sup>and</sup> gold medal received for both club competitions for Level 3
	Other	Crawford Preparatory La Lucia	Principal's award for incredible perseverance and for always being so respectful and polite.
		Crawford Preparatory La Lucia	Commendation award received for Music
Crawford Preparatory La Lucia		CPLL tennis squad member Represented CPLL in inter-school tennis matches	
Crawford Preparatory La Lucia		CPLL U11B Netball team member Represented CPLL in inter-school netball matches	
2016	Voice	Crawford Prep. La Lucia Music Festival	A+ in Crawford Music Festival
		Crawford Prep. La Lucia	Finalist in Crawford's Got Talent
		Crawford Prep. La Lucia	Member of the school choir
	Drama	Speech and Drama Association of S. A. Crawford Prep. La Lucia Speech and Drama Festival	Sight reading: A Monologue: A Afrikaans poem: A
		Crawford Preparatory La Lucia	Commendation award received
	Rhythmic Gymnastics	South African Gymnastics Federation	Silver medal and 3 <sup>rd</sup> place at Novice National (KZN) competition for Level 2
		Bluff Rhythmic Gymnastics Academy	Gold medal and 1 <sup>st</sup> place for club competition for Level 2
	Academics (Grade 4)	Crawford Preparatory La Lucia	Distinctions received for: Afrikaans Number of days absent: Nil
	Other	Crawford Preparatory La Lucia	CPLL U10B Netball team member Represented CPLL in inter-school netball matches
		Crawford Preparatory La Lucia	Principal's Award received for being such a star in first ever Crawford's Got Talent

## RÉSUMÉ – ARYA JUGERNARTH

Year	Category	Issuing Authority	Achievements
2015	Dance	Crawford Preparatory La Lucia	Commendation award for Dance
	Ballet	Classical Ballet – Cecchetti Society Faculty	Merit pass in Test 1 exam
	Voice	Crawford Music Festival	A++ in Crawford Music Festival
		Crawford Preparatory La Lucia	Participated in school choir
	Rhythmic Gymnastics	Bluff Rhythmic Gymnastics Academy	Gold medal and 1 <sup>st</sup> place for club competition for Level 1
	Other	Crawford Preparatory La Lucia	Received Mongoose Award for being conscientious and responsive participation at school. Always gentle, kind and polite – you are a caring friend to all your classmates. You come to school every day ready to work hard and be the best you can be. Your books are always so neat and beautifully presented.
		Crawford Preparatory La Lucia	Received Mongoose Award for always setting such a wonderful example in the reading room. Always settle so beautifully and make the most of the time spent there.
Crawford Preparatory La Lucia		Represented CPLL in interschool tennis, hockey and netball matches.	
2014	Dance	Crawford Preparatory La Lucia	Commendation award for Dance
	Ballet	Classical Ballet – Cecchetti Society Faculty	Distinction achieved in Primary examination
	Voice	Crawford Music Festival	A+ in Crawford Music Festival
	Other	Crawford Preparatory La Lucia	Received Mongoose Award for beautiful reading.
2013	Dance	Crawford Preparatory La Lucia	Commendation award for Dance
	Ballet	Classical Ballet – Cecchetti Society Faculty	Distinction achieved in Pre - Primary examination
	Voice	Crawford Music Festival	A+ in Crawford Music Festival
	Other	Crawford Preparatory La Lucia	Received Mongoose Award for being a good friend to her classmates and playing kindly and co-operatively with others.
		Crawford Preparatory La Lucia	Received Mongoose Award for always doing her very best, neat, careful work and listening beautifully to instructions.
2012	Ballet	Imperial Society of Dancing	Distinction achieved in Pre - Primary examination

REFERENCES:			
Discipline	Training institution	Teacher name	Contact number
Ballet, Modern, Contemporary, Spanish, Tap	Minette de Klerk dance academy	Minette de Klerk	+2783 782 7511
Ballet, Modern, Contemporary	KZN Dance Academy	Lynne Totham	+2778 518 4713
Bollywood	Rudra Dance Academy	Pavi Paideya	+2778 166 6444
Hip Hop	Durban Dance Unlimited	Enver Moola	+2782 349 3170
Rhythmic Gymnastics	Oceans Rhythmic Gymnastics Academy	Robin Baker	+2783 778 1607
Drama	Danceworkx Production	Jean Wigill	+2782 350 6132
	Kickstart Theatre Productions	Steven Stead	+2772 796 4236
Voice		Madlen Tzankova	+2782 756 0340
	Cherry Blossom Music	Tori	+2767 409 5592
Tennis	Theresa Swart Tennis Academy	Theresa Swart	+2784 562 1230

# RÉSUMÉ – ARYA JUGERNARTH

VOLUNTEER WORK			
YEAR	ORGANISATION	CONTACT PERSON	CONTACT EMAIL ADDRESS
2023	Society for the Prevention of Cruelty to Animals (SPCA)	Mary Koen	mary@spcadbn.org.za
2024	Centre for Rehabilitation of Wildlife (CROW)	Harriot Brill	clinic@crowkzn.co.za
	Society for the Prevention of Cruelty to Animals (SPCA)	Mary Koen	mary@spcadbn.org.za
	The Association for the Aged (TAFTA)	Shane Sewmungal	torfit@tafta.org.za