



About Eren Legend

Eren Legend is a World Champion/Olympian/Canadian Gold Medalist Physique Athlete. Mr. Legend is also a Professional Athlete, Actor, Public Speaker, Internationally Published Cover Model, Runway Model, and Fashion Designer.

He has appeared on over 16+ Magazine covers and shot in over 300 photoshoots for multiple notable brands. Eren obtains a strong and loyal social media presence in which he engages with his followers on a daily basis.

Eren has worked with companies such as Nike, GQ Magazine, Alphalete, Steve Madden, Under Armor, Alo, Fabletics, GLD, boohooMAN, and C4 Energy to name a few!

Legend is a cover model, having appeared on the cover of Icon Fit, Inside Fitness Magazine, Muscle Memory Magazine (twice), the cover of The Fit 100, he has appeared in magazines such as GQ Magazine, and Muscle & Fitness. He has also appeared in multiple commercials and music videos as well.

He recently broke into the world of content creation/influencing, and recently had a viral video totalling more than 24 Million views!

Eren Legend is recognized by brands as someone trust worthy and in very high demand.

205K FOLLOWERS

@ErenLegend 

Eren Legend



INSTAGRAM 90-DAY STATS

16.1M

REACH

976K

REEL VIEWS

44.8M

IMPRESSIONS

BRANDS I'VE WORKED WITH

FITNESS

- NIKE
- NIKE STUDIOS
- UNDER ARMOR
- C4 ENERGY/CELLUCOR/XTEND
- OPTIMUM NUTRITION
- ALPHALETE
- FITPLAN APP

FASHION & JEWELRY

- RALPH LAUREN
- GQ MAGAZINE
- STEVE MADDEN
- ALO MEN
- BOOHOO MAN
- GLD
- MCM
- MAUVAIS



HOTELS & RESTAURANTS

- FAIRMONT HOTELS
- HART HOUSE (KEVIN HART)
- THE DREAM HOTEL HOLLYWOOD
- HIGHLIGHT ROOM
- STK STEAKHOUSE
- TRIFECTA
- TENDER GREENS & TOCAYA
- MR. T LA
- JOEYS DTLA

MOVIE STUDIOS

- APPLE TV
- NETFLIX
- WARNER BROS
- SONY STUDIOS
- PARAMOUNT PICTURES
- AMAZON STUDIOS
- MGM STUDIOS
- SHOWTIME STUDIOS

MAGAZINE COVERS + SHOOTS



INSTAGRAM 3 MONTH INSIGHTS

REACH

Last 90 Days

Oct 27 - Jan 24

16,126,373

Accounts reached

48.9K

Followers



16M

Non-followers

Impressions

44,878,416

COUNTRIES

Last 90 Days

Oct 27 - Jan 24

-1,000

Oct 27

Dec 10

Jan 23

Top locations

Cities

Countries

United States

18.8%

Brazil

9.9%

Nigeria

4.4%

Canada

4.2%

India

3.6%

GENDER %

Last 90 Days

Oct 27 - Jan 24

5.6%

55-64

1.7%

65+

1.3%

Gender

88.9%

Men



11%

Women

LAWEEKLY

Top 10 Disruptors to Watch Out for in 2023



Entertainment: Eren Legend, also known as Eren Verdi Asrin, is a celebrity personal trainer and Men's Physique "world champion" based in Los Angeles, California. He gained recognition in 2014 by becoming Canada's first Men's Physique "Mr. World Physique" in Montreal and later represented Canada at the International Federation of Bodybuilding Pro Athlete at the Mr. Olympia Showdown in 2015, Las Vegas. Eren has been featured on the covers of over 15+ fitness and modeling magazines and has also

Eren has since retired from competition and has shifted his focus to fashion design with his Legend Fitted apparel line. In addition to his accomplishments in fitness and fashion, Eren is also known for his philanthropic work, having organized and participated in various charity events to support causes such as cancer research and mental health awareness. He is a renowned public speaker and has delivered keynote speeches at major industry events and conferences. Eren's extensive network includes top brands, celebrities, and industry leaders, making him a true

HE IS

E MAGAZINE

MEET EREN

AS HE TALKS FITNESS, SURVIVING THE PANDEMIC AND THE FUTURE.



LAWEEKLY

Supermodel Exposes What Women Really Want



His strut was as any would expect—confident, smooth, commanding attention. But the game-changer was when he chose to expose more than just the outfit he was showcasing. In a bold move, he tore off his shirt, laying bare a physique that rivaled the mythical gods. The sheer audacity combined with his breathtaking form had women in the audience cheering, whistling, and gasping in admiration.

AGE RANGE

Last 90 Days

Oct 27 - Jan 24

India

3.6%

Age range

All

Men

Women

13-17

5.2%

18-24

28.8%

25-34

39.5%

35-44

17.6%

45-54

5.6%

55-64

1.7%

65+

1.3%

ACCOUNTS ENGAGED

Last 90 Days

Oct 27 - Jan 24

436,265

Accounts engaged

17K

Followers



419K

Non-followers

Content type

All

Followers

Non-followers

Reels

301K

Posts

57.9K

Stories

1,927

Live Videos

250

Videos

3



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MANAGEMENT

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Media Links:

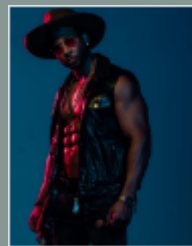


Eren-Verdi Asrin

Eren-Verdi Asrin is a Canadian born Men's Physique "world champion"...

en.wikipedia.org

https://en.wikipedia.org/wiki/Eren-Verdi_Asrin



Conquering distinct realms as an athlete and fashion designer is Eren Legend

laprogressive.com

<https://www.laprogressive.com/sponsored/eren-legend>



Faces of The 6ix: World Champion, IFBB Professional...

The world of professional athleticis...

viewthevibe.com

<https://viewthevibe.com/faces-of-the-6ix-eren-legend/>



Make way for Eren Legend, Celebrity Trainer and World Champion!

netnewsledger.com

<https://www.netnewsledger.com/2021/12/09/make-way-for-eren-legend-celebrity-trainer-and-world-champion/>