

Maricela Cruz-Mendez Contact Information: Phone: [425-521-7142]

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Hair Color: [Dark brown]Eye Color: [Brown]

TRAINING

Commercial Acting	Nathan Arenas	AGB STUDIOS
Cold Reading	Blake Michael	AGB STUDIOS
Improvisation	Bill Chott	AGB STUDIOS
Monologue	Ashley Argota	AGB STUDIOS
Voiceover	Jennifer Stone	AGB STUDIOS
Character Development	Amber Frank	AGB STUDIOS
Scene Study	Anneliese Van Der Pol	AGB STUDIOS
Sitcom workshop	Ezekiel Pacheco	AGB STUDIOS
Acting 101	David DeLuise	AGB STUDIOS
Audition Technique	Milton Perea	AGB STUDIOS
Improvisation	Jeremy Silly	KAMIAK HIGH SCHOOL

SPECIAL SKILLS

Dance- Church Worship, Hip-Hop, Gymnastics, Swimming, Long Distance Running, Jogging, Leadership, Teamworking, and Fluent Spanish

Performance Experience: "I have dedicated the past year to honing my acting craft, actively engaging in role-playing, auditioning for church productions, participating in acting classes, and diligently practicing character portrayals in various movie genres and settings in the comfort of my own workspace.

Theater:

Film/Television:

- Role: [Background actor]
- Description: Acted as [Character Name] in the critically acclaimed [Twelve Angry Jurors], showcasing the
 ability to adapt to the nuances of on-screen acting. Proficiently conveyed character emotions through facial
 expressions and body language

Athletic Abilities:

- **Running:** Proficient in a range of running disciplines, including sprints, hurdles, and long-distance, reflecting exceptional discipline and enduring performance on the track.
- Swimming: Adept swimmer with a well-rounded mastery of various strokes and an aptitude for water-based performance.
- Track and Field: Demonstrates skill and precision in a wide array of track and field events, highlighting a
 combination of strength, agility, and exceptional athletic finesse.
- Cross-Country: Accomplished cross-country athlete known for enduring long-distance races, exemplifying unwavering mental and physical stamina.

Skills:

- Theatre Arts Education: Completed coursework in theatre arts and high school theatre arts classes, demonstrating a strong foundation in dramatic performance.
- Language Proficiency: Fluent in both Spanish and English, facilitating seamless communication in multilingual roles.
- Acting Skills: Proficient in character role-playing, with a proven ability to embody diverse personas authentically.
- Physical Abilities: Experienced in gymnastics and swimming, showcasing agility, flexibility, and physical versatility.
- **Technical Proficiency:** Skilled in editing and computer use, ensuring a well-rounded skill set for contemporary multimedia projects.
- Skills and Training:
- Leadership Skills: Proficient in leadership, demonstrating the ability to guide and inspire others effectively.
- Running: Accomplished long-distance runner with a strong background in Track and Field.
- Artistic Expression: Possess a keen eye for detail and artistic expression, which enhances character visualization and creative exploration, particularly in drawing.
- **Dance Proficiency:** Trained in multiple dance styles, including ballet, contemporary, and hip-hop, showcasing physical coordination and grace.
- Vocal Talent: Accomplished singer with a wide vocal range and the ability to perform various musical genres.
- Training:
- Acting Workshops: Actively participated in various acting workshops to refine performance skills, including
 improvisation, voice modulation, and character development.
- Education:
- High School Degree: Awarded from Kamiak High School.
- Major: Theater Arts, emphasizing a strong foundation in dramatic performance.
- Graduation Year: [2027
- *Additional Information
- Languages Spoken: [Spanish, English]