

# TIA GUNHOLD

## DANCER AND PERFORMER

### CONTACT

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- Vancouver BC, Canada

### SKILLS

- Ballet
- Modern
- Contemporary
- Jazz
- Tap
- Broadway styles
- Acro
- Performing
- Choreography
- Teaching
- Singing (soprano)
- Acting
- Physical fitness
- Pilates
- Advanced swimming

### EDUCATION

#### University

##### Simon Fraser University

2022 - current

Majoring in Psychology

#### High School

##### Langley Fine Arts School

2017 - 2022

Graduated high school with honours as a dance major and dance company member.

### PERSONAL INFO

- Age: 19
- Height: 5'8" (172 cm)
- Weight: 150 lbs (68 kg)
- Hair colour: Dirty blonde
- Eye colour: Brown
- Nationality: Canadian and Australian

### PROFILE

A versatile dancer who has been dancing and training as a student for 10+ years in many diverse styles. Has experience training in a competitive and serious environment. Is a very disciplined and hard working dancer and person. Is able to learn new choreography quickly and has a strong passion to perform and tell stories through movement. Seeking opportunities to begin a career as a professional dance performer. Is committed to continuing to develop technique, artistry, and performance skills.

### DANCE EXPERIENCE

#### Theatre Under the Stars

##### CATS

2024

- Playing the role of Victoria.
- Vancouver Theatre Under the Stars Company 2024.
- Awarded the "Grace MacDonald Most Promising Dancer Award"

#### Simon Fraser University

##### Dance Major

2023 - 2024

- Primarily trained and studied contemporary, modern and ballet.
- First year completed.

#### Langley Fine Arts School

##### Dance Company

2020 - 2022

- Was a dancer in the Senior Dance Company which was an outside of school company that trained at a higher level of dance.
- Trained in a variety of styles including Contemporary, Modern, Jazz, Commercial/Street, and Musical Theatre.
- Attended workshops and worked with choreographers from Harbor Dance Center, Ballet BC, and Arts Umbrella.

##### Dance Major

2016 - 2022

- Was a dance major and primarily trained in contemporary dance, for the duration of middle and high school.
- Choreographed group dances

#### Young at Arts Dance Academy

##### Competitive Company Dancer

2015 - 2022

- Was a competitive dancer in the Senior Company where I danced a minimum of 25 hours a week.
- Trained in Ballet, Contemporary, Modern, Lyrical, Jazz, Tap, Broadway, Acro, Hip Hop, and Jazz Funk.
- Competed at local and out of town dance competitions throughout the year.
- Danced in local Christmas and Thanksgiving parades.

# CURRENT DANCE SHOTS



Photographer Credits: Laura Zeke