

Loni Y. Sweeting

Biography

“Aspire to Inspire before you Expire” is a famous quote said by Eugene Bell Jr. and is Lonelle’s life motto. Lonelle moved from The Bahamas to Canada to pursue a career in Acting. There she studied at Niagara College where she earned an Associate Degree in Acting for Film and Television and played many lead roles in student films. In Winter of 2018, Lonelle applied to York University’s Theatre Program where she was accepted into the Acting Conservatory. She has since completed her B.F.A. and could not be more excited to embark on this new journey of venturing into the Entertainment Industry where she is presented with opportunities to collaborate with other artists and create meaningful art.

During her time at York University, Lonelle received substantial amount of training from a wide variety of theatre practitioners including, Eric Armstrong, Jamie Robinson, Gwenyth Dobie, Niki Landau, Anita La Selva, Allyson McMackon and Laurel Paetz just to name a few. With her extensive training and skillset, Lonelle has appeared in roles in York University’s Conservatory Productions of *The Late Wedding* (2021) directed by Jamie Robinson, and *Everybody* (2022) directed by Courtney Lancaster.

Apart from being artistically driven, Lonelle is also a humanitarian, who is continually active in both her community in The Bahamas as well as Canada; giving back whenever she can. With her wit, optimism, and passion for equality in underrepresented communities, Lonelle is committed to being the change she would like to see in the Entertainment Industry.

In her free time, Lonelle enjoys hanging out with friends, making YouTube Videos, and writing short scripts. Grateful for amazing friends and family, who pushes and guides her, Lonelle strives to create meaningful art while leaving a positive impact on all those she encounters.

Loni Y. Sweeting

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(647) 581-7373

Eyes: Dark Brown

Hair: Dark Brown

Height: 5'2

Vocal Range: Alto

Union Affiliation: Non-Union

Member of Casting Workbook

THEATRE EXPERIENCE

<i>Ninety-Four (On Tour)</i>	Young Tawni	Crossfield House Productions/ Sherona Osbourne
<i>Everybody</i>	Somebody	Theatre@York Courtney Lancaster
<i>The Late Wedding</i>	Stranger/ Jean	Theatre@York Jamie Robinson
<i>Three Sisters Who Are Not Sisters</i>	Ellen	Shadowpath Theatre/ Alex Karolyi
<i>Revolt. She Said. Revolt Again.</i>	Ensemble	Theatre@York Geller/Roveda/Wong
<i>Concealer</i>	Nia	Playground @ YU/ Megan Legesse
<i>Christmas on Sapodilla Street</i>	Vicky	After Dark Production/Tamara Moncur
<i>The Painted Mask</i>	Girl 3	A Mime Production/ Tionette Mackey

YORK UNIVERSITY SCENE STUDY EXPERIENCE

<i>Twelfth Night</i>	Olivia	Jamie Robinson
<i>Tartuffe</i>	Mariane	Keira Loughran
<i>Nut</i>	Elayne	Ines Buchli
<i>An Oresteia: Agamemnon</i>	Elektra	Ines Buchli
<i>The Glass Menagerie</i>	Laura	Mark Wilson

FILM AND TELEVISION EXPERIENCE

<i>Mother's Daughter</i>	Tamri	5290 Festival/Trinity Llyod
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YORK UNIVERSITY TRAINING

Acting: Niki Landau (Zones of Silence, Contemporary Scene Work), Ines Buchli (Contemporary Scene Work, Emotional Fluency, Shakespeare, Mask Work, Restoration), Mark Wilson (Audition Technique), Anita La Selva (Camera Training).

Movement: Gwenyth Dobie (Alexander Technique, Laban, Yoga), Tasha (Batdorf Technique, Kinesthetic Transference), Allyson McMackon (River Work, Grotowski, Suzuki).

Voice and Text: Eric Armstrong, Laurel Paetz.

NIAGARA COLLEGE TRAINING

Acting: Lori Ravensborg (Meisner, Lee Strasberg's Method Acting, The Chekhov Acting Technique) Robin McCulloch (Improv, Contemporary Scene Work, Stanislavski's System)

Voice: Barbara Mantini, Roland Parliament (Commercial Voices/ Dialects)

Movement: Barbara Mantini (Yoga, Tai Chi, Laban Efforts)

OTHER RELATED TRAINING

Armstrong Acting Studios: Intro to On-Camera Performance: Dean Armstrong, 2021.

Rapier Wit: FDC Basic Actor Combatant: Simon Fon, 2020.

Intimacy Directors International: Staging Intimacy Workshop: Siobhan Richardson, 2020

Niagara College: Actor Stunt Training: Eddie Queffelec, 2018

SPECIAL SKILLS

Ballet, Bicycling (Proficient), Dialects, (A.A.V.E., Bahamian, Cockney, Jamaican, New York, Received Pronunciation), Horseback Riding (Proficient), Reggae Dancer (Proficient), Singing (Alto), Soccer (Beginner), Swimming (Proficient), Sewing (Proficient), Volleyball (Proficient), Yoga (Intermediate) YouTuber (Live Like Loni)

EDUCATION

Acting for Film & Television	Diploma (2018)	Niagara College (Cum Laude)
Acting for Theatre	B.F.A. (2022)	York University (Cum Laude)