

Mitzi Holdren (Non-Union)

5'9" size 6 Colorado/Texas

www.mitziholdren.com



FILM/TELEVISION *(selected)*

| | | |
|-----------------------------------|---------------|---------------|
| Peace, Brother | Supporting | Cody Linley |
| Bubblegum Dream Machine | Supporting | Matt Kramer |
| Little Crooked House | Lead | Matt Kramer |
| Morning Conversations With Myself | Lead | Mitzi Holdren |
| A Nichol's Worth of Comedy* | Improv Troupe | Mark Nichols |

* Live-action and limited release single camera.

THEATER *(selected)*

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|--------------------------------|--------------------|---|
| Resident Cast Member (current) | Various | Matt Kramer; You Connection Theatre and Media Company |
| Cocktails With Mimi | Assistant Director | Marilyn Sullivan; Theatre Off the Square |
| Something's Afoot* | Lettie | Pamela Mencher; Main Stage Productions |

* Received adjudicated nomination for entry into Rocky Mountain Theatre Association competition.

COMMERCIAL *(available upon request)*

EDUCATION & TRAINING *(selected)*

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|-----------------------------|-----------------------------|
| Acting Coach (ongoing) | Cathryn Sullivan |
| Meisner Techniques | Cody Linley |
| The Reset Journey | Jo Kelly |
| Online/Zoom Coursework | John Sudol |
| Associate of Arts - Theatre | Red Rocks Community College |

SPECIAL SKILLS

Accents and dialects - I specialized in these in school and can pick them up easily - I have performed with Southern Texan , French, and Cockney (*Lettie*), singing - range: mezzo-soprano, dance - stage, engine boating, horseback riding, firearms, fishing, ice skating, motorcycle riding, running, skiing - downhill, skiing - cross country, snorkeling, snowmobile riding, swimming, trampoline, yoga, scuba diving - recreational and instructor.