



SHANAE HOWELL

Height: 5'3
Weight: 130
Hair: Brown
Eyes: Green
Non Union

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📍 Austin, TX

EDUCATION

Improv graduate
ColdTowne Theater
2025

Professional Acting Workshop
Marco Perella
Marco Perella Studio

Introduction To Accents
Rachael Nicholson
Spotlight

Acting Workoutt
Michael Druck
Michael Druck Casting

Script Analysis
Joseph Gray
Christian Casting Network

Professional Acting Workshop
Sarah Dowling
Sarah Dowling Casting

Acting Workshop
Linda Castro
Hawaii Filmmakers Collective

ACTOR BIO

Aloha and Howdy! I'm an actor and model from Hawai'i, now based in Texas. With over six years of acting experience, I've brought to life a range of authority driven characters, including FBI agents, police chiefs, and military personnel. Acting is not just my career, it's my passion. I bring versatility to the screen as the approachable girl next door, the sharp businesswoman, or the strong, no nonsense force you don't want to cross. Outside of acting, I enjoy hiking, freediving, and SUP.

Film

Uns sanctioned	Supporting	Daniel Magallanes
Divided Loyalty	Supporting	Avai d'Amico
Brother's Keeper	Supporting	Steve Hartman
Cryptic Pursuit	Lead	Daniel Magallanes
,Killer Zaddy	Supporting	Jonathan Milton
A Reason To Live	Supporting	Ray Ali
Parity	Supporting	Jake Sbragia
All About Lucas	Lead	Kisha Payne

Commercials

Hill Country Pest Control	Lead	Chantel Nasits
Upbring	Lead	Lee Rothenflue
Gym Mist	Lead	Lane McCall
GrubHub	Lead	Robert Leeder
Cabinet Caddy	Lead	Charles Dayment
iFly Indoor Skydiving	Lead	Danielle Foreman
Everlasting Comfort	Lead	Chancellor Aven
Cozy Boots	Lead	Paja Sanchez

Industrial

Saki-Texas Dept.	Lead	Joshua Peterson
iSpeak	Lead	Russ Peterson
Hilton Hotel	Lead	Stewart Cohen
PF Chang Restaurant	Supporting	Ali Ryder