

Karlee Holden

SAG, AFTRA

holdenrelease@gmail.com

408 355-5270

<https://actorsaccess.com/photomanagement/>

FILM & TELEVISION:

Deuce Bigalow Male Gigolo - Megan

Big Daddy - Extra

The Animal - Waitress

Kill Bill - Extra

Men Behaving Badly - Co Star

The Damon Show - Co Star

David Carradine Tai Chi

Happy Madison

Happy Madison

Happy Madison

A Band Apart

Carsey Werner

Carsey Werner

David Nakahara

COMMERCIALS:

Crest Pro Health

Best Buy

California Tourism

Toyota Prius

Toyota Rav 4

Black And Decker

Arnold Schwarzenegger

VOICEOVER:

Adam Sandler's Comedy Album - Stan And Judy's Kid

TRAINING:

UC Berkeley BA - International Relations/Drama

Margie Haber Studio

Larry Moss

Sanford Meisner Technique Studio

Karlee Holden
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karleeholden.com

EXPERIENCE

Trauma/Stress Release Practitioner - Specialize in working with Youth **1999 - 2025**

- Private practice in Hollywood, Northern California, and Internationally, travel for clients, one on one sessions
- Somatic Experiencing Practitioner (SEP), healing the nervous system by releasing trauma and stress from the body, calming the mind, and transforming old patterns
- Neuro-Linguistic Programming (NLP), how to change negative thoughts and beliefs, communication tools and problem solving

Author - Can You Please Talk To My Trauma **2022**

- Non-fiction book of healing psychological and physical trauma without medications.

Bay Area Pain And Wellness Center, Los Gatos, CA **2006 - 2014** **Wellness Director**

- Worked with Doctors and Psychologists overseeing patients with stress, chronic pain, and trauma, helping them with their mental, physical, and emotional wellbeing. Taught educational classes to 20+ patients weekly on the psychology of trauma and listening to the mind, body, and spirit through meditation

Quentin Tarantino, Los Angeles, CA **2003 - 2006**

- Learned about screenplay writing from scripts with Quentin Tarantino
- Wrote my own screenplay with positive feedback from Quentin

CAA, Los Angeles, CA **2003** **Assistant to Bob Bookman**

- Managed his schedule, meetings, travel, appointments, calls, etc.
- Read scripts and tracked opportunities for clients

Jeremy Zimmerman Casting, London, England **2001- 2002** **Executive Assistant**

- Managed casting projects, scheduling auditions, coordinated appointments
- Casted talent for clients, organized TV and film projects, contracts

Rob Schneider/Adam Sandler, Los Angeles, CA **1999-2001** **Executive Assistant**

- Managed personal and professional schedule, meetings, travel, creative ideas, pitch meetings, feedback on scripts
- Traveled with and assisted on and off sets
- Worked on creation of the films Deuce Bigalow Male Gigolo, The Animal, and Hot Chick
- Assisted in script read throughs, editing, pre and post production

Carsey Werner Production Co., Los Angeles, CA **1998 -1999** **Executive Assistant**

- Assisted in the production of the "Damon" TV show
- Phone calls, organization, coordinated meetings, errands

NBC/KRON TV & Bay TV, San Francisco, CA **1995 - 1997** **Intern, Executive Assistant, Associate Producer**

- Worked on media data base for news topics
- News script editing, and distributing
- Associate Produced TV show "Our World This Week"

EDUCATION/CERTIFICATIONS/TRAININGS

UC Berkeley BA - International Relations/Psychology **1998**

University of Paris, La Sorbonne

Neuro-Linguistic Programming (NLP) Certification

Somatic Experiencing Practitioner (SEP), Stress Release, Nervous System, Certification

1998

2003

2010 - 2013

SKILLS

Communication skills

Stress management

Computer Skills

Social Media