

KEYMAL JUNIOR WILLIAMS
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PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER ~ PATIENT CARE ADVOCATE

Compassionate and dedicated Psychiatric Mental Health Nurse Practitioner whose unwavering commitment to mental health and addiction medicine has transformed countless lives. With a rich background in healthcare and a passion for holistic well-being, I stand at the forefront of mental health care, integrating psychotherapy with evidence-based practices. My clinical expertise extends across a spectrum of mental health disorders, with a specialization in addiction medicine. Through comprehensive assessments and personalized treatment plans, I address the unique needs of each patient, fostering an environment of trust and collaboration. As a fervent advocate for destigmatizing mental health, I ensure that patients feel seen, heard, and supported throughout their healing journey. With a holistic approach to mental health, I incorporate psychotherapy into practice, recognizing the interconnectedness of mind, body, and spirit. This integrative model empowers patients to navigate the complexities of their mental health, fostering resilience and sustainable well-being.

REGISTERED NURSE ~ PATIENT CARE ADVOCATE ~ CUSTOMER SERVICE CENTERED

Compassionate and dedicated Registered Nurse and future Nurse Practitioner highly regarded for optimizing patient care within a prestigious Magnet Facility. Out-of-the-box thinker adept at providing all patients with outstanding care, with a focus on General Practice Nursing. Respected for performing comprehensive physical examinations and determining treatments. Proven ability to educate patients and caregivers on the options, goals, and expected outcomes of treatment plans. A strong commitment to continually expanding the knowledge base of innovative, safe, and effective medications and therapies. Educational background includes the completion of a Master of Science in Nursing Psychiatric Mental Health Nurse Practitioner (2022), Master of Science in Nursing from Western Governors University (2020) and an Associate of Science in Nursing from Bryant & Stratton College.

CAREER HIGHLIGHTS

- **Upheld a dedication to 100% documentation accuracy** when assisting RN and the healthcare team in gathering basic monitoring data and specimen collection.
- **Commended for exceptional development of care plans for the assigned patient.**
- **Followed the established care plan with 100% accuracy** when assisting residents with bathing, dressing, hygiene, grooming, inserting IVs, trachs, and applying wound care.
- **Promoted patient and healthcare team safety** by evaluating and maintaining sanitized and organized environment.
- **Ensure patients' specific needs were addressed** by assessing, diagnosing, planning, implementing, and evaluating nursing care plans.

SKILLS & EXPERTISE

Patient Assessments ~ Patient Monitoring ~ Discharge Planning ~ Medical/Surgical ~ Disease State Education ~ IVs ~ Family Education ~ Cross-Collaboration ~ Continuity of Care ~ Communication ~ Electronic Charting ~ Care Plans ~ Patient Advocacy ~ Training ~ Regulations ~ Infection Control ~ Geriatric Care ~ Maternal Care ~ Mental Health Care

CAREER HISTORY

PEACE OF MIND THERAPAUTIC SOLUTION (PSYCHIATRIC MENTAL HEALTH NURSE PRAC TITIONER) 09/2022 – Current
POMTS: PORTSMOUTH, VA/USA

Works collaboratively to provide patient care in accordance with statutes, regulations and protocols regulating the profession. Provides psychiatric health services, education, counseling and emotional support.

HIGHLIGHTED RESPONSIBILITIES

- Provides patient assessment, diagnosis and treatment plans in accordance with statutes, regulations and protocols regulating the profession.
- Collaborates with the staff psychiatrist, the nursing staff and technical personnel, as well as the counselors at the University Counseling center and outside local counselors.
- Provides psychiatric health services, education, counseling and emotional support.
- Refers patients for inpatient care, in collaboration with the staff psychiatrist, as necessary.

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- Issues medication prescriptions in accordance with treatment guidelines.
- Orders laboratory tests, interprets and explains the test results to patients.
- Provides patient education regarding medications, risks, benefits and reasonable outcome expectations.
- Communicates with patients and engages in follow-up as necessary.
- May also provide primary medical care services as indicated, in accordance with statutes, regulations and protocols regulating the profession. Performs similar or related duties as assigned or required.
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RBRYANT AND STRATTON COLLEGE NURSING INSTRUCTOR (ALL NURSING COURSES) HAMPTON, VA/USA

08/2022 – Current

- Plan for and facilitate instruction consistent with the Community of Inquiry Framework, and the Seven Principles for Good Practice
- Assure appropriate course-level rigor in class instruction and assessment methodologies consistent with the College's Rigor Standards Framework through the development, integration, and delivery of course content planning documents including but not limited to supplemental syllabi, lesson plans, and assessments.
- Integrate and include instruction and assessment of each of the College's four lifelong learning competencies in each course taught.
- Establish and maintain a classroom climate consistent with the College values, education promise, and personalized promise.
- Model professional practice and standards while in the classroom, lab and clinical site(s).
- Maintain one Skills Assistance contact hour per week for every four instructional hours assigned to support the classroom's teaching and learning process by publishing a skills assistance schedule each term and actively promoting (and assigning when necessary) student attendance.
- Maintain a current knowledge of teaching discipline/field of study as evidenced by active participation in professional organizations, maintenance of current scholarly collection of resources (through virtual library), and engagement in active, on-going dialogue with peer faculty.
- Participate in program, campus/market, and system faculty development opportunities, including program-specific and campus-wide faculty meetings and in-services and market- and system-sponsored in-services.
- Document professional development and learning.
- Earn at least 10 continuing education hours annually
- Meet requirements for creation, distribution, and retention and/or submission of beginning- and end-of-term paperwork.
- Maintain Administrative hours as determined by the Program Director and Dean.
- Adhere to, uphold, and comply with all established operational policies and procedures as described in operating documentation (Official Catalog, Faculty Guide, Associate Guide).
- Participate in curriculum monitoring and development process by providing feedback on curriculum to the Program Director and/or System-level curriculum team.
- Provide input to Program Director regarding equipment and supplies needed for nursing classroom and lab.
- Participate in preparation for, and ongoing maintenance of records required for national program accreditation.
- Serve as resource/advisor/mentor for nursing students.
- Attend required College functions including graduation and special activities.

RIVERSIDE REGIONAL MEDICAL CENTER (MED-SURG UNIT)

01/2022 – Current

RIVERSIDE REGIONAL MEDICAL CENTER: NEWPORT NEWS, VA/USA

Ensure the smooth and efficient patient flow within the clinic. Help and train under the Charge Nurse to uphold the quality of patient care and basic nursing care, monitoring per completed competencies and unit needs.

HIGHLIGHTED RESPONSIBILITIES

- **Provide exceptional, personalized nursing care** to patients in hectic, acute environments.
- **Build rapport with family members** in providing education on disease processes and measures to mitigate pain in the absence of medical staff, adhering to HIPPA regulations in regards to privacy.
- **Ensure patients' specific needs are addressed** by assessing, diagnosing, planning, implementing, and evaluating nursing care plans.
- **Maintain 100% documentation accuracy** when assisting RN and the healthcare team in gathering basic monitoring data and specimen collection.

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- **Promote patient and healthcare team safety** by evaluating and maintaining a sanitized and organized environment.
- **Communicate vital information to the appropriate RN** by observing and reporting any patient symptoms and changes in patient condition.
- Set a high standard of excellence and provide new staff and nursing students with the tools to care for patients in an acute setting.
- **Facilitate optimal recovery and care** by providing medication reminders and dispensing medications when needed under the supervision of an RN.
- **Advocate for exceptional care** for high acuity patients requiring a 1:1 or 1:2 nurse-to-patient ratio.
- **Perform hourly monitoring/assessments of patient and vital signs**, including blood pressure, heart rate, oxygen saturation, temperature, and abdominal pressure intracranial pressure, reporting necessary findings to the physician.
- **Follow the established care plan with 100% accuracy** when assisting residents with bathing, dressing, hygiene, grooming, inserting IVs, trachs, and applying wound care.

SENTARA CAREPLEX HOSPITAL (CARDIAC UNIT)(MED-SURG TELE)(TRAVEL NURSE), HAMPTON, VA., JUNE 2021- JANUARY 2022

- EDUCATING PATIENTS ON CARDIOVASCULAR DISEASES
- INFORMING THEM OF PREVENTATIVE MEASURES
- COUNSELING THE PATIENTS
- HELP DIAGNOSE AND TREAT CARDIOVASCULAR EVENTS
- ASSIST IN PERFORMING DIAGNOSTIC TESTS SUCH AS ECGs
- INTERACT WITH THE PATIENTS AS WELL AS THEIR FAMILIES PRE AND POST TREATMENT
- EVALUATE AND MONITOR HEART RELATED DEVICES SUCH AS PACEMAKERS
- MONITOR THE PATIENT AND THEIR VITALS, ESPECIALLY CARDIOVASCULAR READINGS
- ASSESSING AND INTERPRETING LAB RESULTS
- COMPLIES WITH ESTABLISHED CORPORATE AND DEPARTMENTAL POLICIES, PROCEDURES, OBJECTIVES, QUALITY ASSURANCE METHODS, AND SAFETY CODES. DEMONSTRATES COMPLIANCE WITH LICENSING, REGULATORY AND ACCREDITING AGENCY PROVISIONS AS REQUIRED.
- CONSISTENTLY DEMONSTRATES APPROPRIATE AND PROFESSIONAL COMMUNICATION BEHAVIOR TOWARD PATIENTS, CUSTOMERS, AND COWORKERS. COOPERATES WITH MANAGEMENT AND PEERS TO PROMOTE AN ENVIRONMENT OF TEAMWORK AND COLLABORATION.
- USES DIAGNOSTIC REASONING AND DECISION MAKING SKILLS IN THE PROVISION OF NURSING CARE.
- USES INTERDISCIPLINARY IDENTIFICATION, COLLECTION AND ANALYSIS OF DATA TO IDENTIFY DESIRED PATIENT CARE OUTCOMES; AND STANDARDS OF CARE.
- MANAGES AND DELIVERS NURSING CARE TO PATIENTS, FAMILIES AND SO'S.

CLEVELAND CLINIC MARTIN NORTH HOSPITAL (SURGICAL UROLOGY UNIT)(MED-SURG TELE)(TRAVEL NURSE), STUART, FL., APRIL 2021- MAY 2021

- COMPLIES WITH ESTABLISHED CORPORATE AND DEPARTMENTAL POLICIES, PROCEDURES, OBJECTIVES, QUALITY ASSURANCE METHODS, AND SAFETY CODES. DEMONSTRATES COMPLIANCE WITH LICENSING, REGULATORY AND ACCREDITING AGENCY PROVISIONS AS REQUIRED.
- CONSISTENTLY DEMONSTRATES APPROPRIATE AND PROFESSIONAL COMMUNICATION BEHAVIOR TOWARD PATIENTS, CUSTOMERS, AND COWORKERS. COOPERATES WITH MANAGEMENT AND PEERS TO PROMOTE AN ENVIRONMENT OF TEAMWORK AND COLLABORATION.
- USES DIAGNOSTIC REASONING AND DECISION MAKING SKILLS IN THE PROVISION OF NURSING CARE.
- USES INTERDISCIPLINARY IDENTIFICATION, COLLECTION AND ANALYSIS OF DATA TO IDENTIFY DESIRED PATIENT CARE OUTCOMES; AND STANDARDS OF CARE.
- MANAGES AND DELIVERS NURSING CARE TO PATIENTS, FAMILIES AND SO'S.
- DELEGATES PATIENT CARE ACTIVITIES AND SUPERVISES THE DELEGATED ACTIVITIES ACCORDINGLY.

- ASSURES THAT THE FLORIDA NURSE PRACTICE ACT IS THE BASIS OF PROFESSIONAL NURSING PRACTICE, AND THAT NURSING PRACTICE IS WITHIN LEGAL PARAMETERS.
- PROTECTS THE RIGHTS OF PATIENTS AND THEIR FAMILIES.
- ASSURES THAT NURSING PRACTICE IS CONSISTENT WITH THE ANA CODE OF ETHICS FOR NURSES.
- SUPPORTS CLEVELAND CLINIC MARTIN HEALTH'S NURSING GOVERNANCE ACTIVITIES.
- ASSURES THAT NURSING PRACTICE IS RESEARCH, THEORY AND EVIDENCE-BASED.
- RECOGNIZES THE NEED FOR PARTICIPATION IN PROFESSIONAL NURSING ORGANIZATIONS.
- RECOGNIZES THE NEED FOR PARTICIPATION IN COMMUNITY SERVICE ACTIVITIES.
- MAINTAINS PROFESSIONAL AND CLINICAL COMPETENCIES THROUGH PARTICIPATION IN CONTINUOUS LEARNING ACTIVITIES; DEVELOPS A MECHANISM FOR ONGOING SELF-ASSESSMENT FOR CAREER PATH DEVELOPMENT.
- ASSUMES SHIFT AND DEPARTMENT ACCOUNTABILITY AND RESPONSIBILITY FOR BUDGET AS IT RELATES TO PATIENT CARE REQUIREMENTS BY EFFECTIVE USE OF RESOURCES.
- ASSISTS IN THE DEVELOPMENT, IMPLEMENTATION AND EVALUATION OF GOALS AND OBJECTIVES FOR DEPARTMENT WHICH PROVIDE FOR OPTIMAL PATIENT CARE THROUGH SYSTEMS WHICH CONTINUALLY MONITOR AND IMPROVE THE QUALITY OF SERVICES.
- SERVES ON INTERNAL DEPARTMENTAL, INTERDEPARTMENTAL, QUALITY, MEDICAL STAFF, ETC COMMITTEES AS REQUIRED.
- IMPLEMENTS A PATIENT-FOCUSED NURSING CARE MODEL THAT IS COLLABORATIVE, INTERDISCIPLINARY, CLINICALLY EFFECTIVE AND EFFICIENT; ENSURES THAT THIS CARE MODEL IS BASED ON APPROVED STRUCTURE, PROCESS, AND OUTCOME STANDARDS.
- MAINTAINS COMPETENCY AND SAFE PRACTICE PATTERNS AS MEASURED BY QUALITY, EDUCATION, PERFORMANCE IMPROVEMENT, RISK MANAGEMENT AND OTHER TREND ANALYSIS.
- MAINTAINS EFFECTIVE WORKING RELATIONSHIPS WITH PHYSICIANS, EMPLOYEES, AUXILIARIES, AND MEMBERS OF THE COMMUNITY.
- COORDINATES TO THE DEVELOPMENT, PLANNING, AND EXECUTING OF THE CAPITAL AND OPERATIONAL BUDGETS OF THE DEPARTMENT. RESOURCES ARE ALLOCATED (BOTH IN PERSONNEL AND SUPPLIES) ACCORDING TO ESTABLISHED GOALS, STANDARDS AND PATIENT CARE NEEDS.
- MAINTAINS ANNUAL MANDATORY EDUCATION REQUIREMENTS SPECIFIC TO POSITION AS MANDATED BY CLEVELAND CLINIC MARTIN HEALTH.
- PERFORMS ALL OTHER DUTIES AS ASSIGNED OR REQUESTED.

PRISMA BAPTIST HOSPITAL OF COLUMBIA (INTENSIVE CARE UNIT)(MED-SURG TELE)(TRAVEL NURSE), COLUMBIA, SC., FEBRUARY 2021-MARCH 27TH 2021

- IMPLEMENTED CURRENT EVIDENCE-BASED FINDINGS INTO PRACTICE
- CONDUCTED DAILY PATIENT ASSESSMENTS, DOCUMENTED FINDINGS, MONITORED PATIENT STATUS, UTILIZED CLINICAL REASONING SKILLS TO DETERMINE WHEN ORDERS/INTERVENTIONS WERE WARRANTED, AND INTERVENED ACCORDINGLY
- ADMINISTERED MEDICATIONS, WITH ADHERENCE TO PROPER GUIDELINES, IN ORDER TO MINIMIZE NEAR MISSES/MED ERRORS; COMFORTABLE OPERATING THE PYXIS MEDICATION SYSTEM
- COLLABORATED, COMMUNICATED, AND DELEGATED EFFECTIVELY WITH ALL MEMBERS OF THE INTERDISCIPLINARY TEAM TO ENSURE PATIENT SAFETY, INVOLVEMENT, AND SATISFACTION
- COMPLETED ALL EMAR AND COMPUTER PROGRAM BASED DOCUMENTATION IN A THOROUGH AND TIMELY MANNER
- RESPONSIBLE FOR ALL COMPONENTS, (INCLUDING PAPERWORK, TREATMENT INITIATION, MEDICATION RECONCILIATION, AND PATIENT EDUCATION) OF THE HIGH VOLUME OF ADMISSIONS, TRANSFERS, AND DISCHARGES ASSIGNED DAILY
- REGULARLY PERFORMED NG TUBE MAINTENANCE, VENIPUNCTURE, CATHETER INSERTION/MAINTENANCE, OSTOMY CARE, WOUND CARE, TRACHEOSTOMY CARE, J TUBES/G TUBE FEEDING/MAINTENANCE, BLOOD TRANSFUSIONS, CHEST TUBE MAINTENANCE/REMOVAL, BARIATRIC SURGICAL CARE, CENTRAL LINE CARE, AND

CHARGE NURSE (MED-SURG UNIT)

09/2019 – 02/2021

RIVERSIDE REGIONAL MEDICAL CENTER: NEWPORT NEWS, VA/USA

Ensure the smooth and efficient patient flow within the clinic. Help and train under the Charge Nurse to uphold the quality of patient care and basic nursing care, monitoring per completed competencies and unit needs.

HIGHLIGHTED RESPONSIBILITIES

- **Provide exceptional, personalized nursing care** to patients in hectic, acute environments.
- **Build rapport with family members** in providing education on disease processes and measures to mitigate pain in the absence of medical staff, adhering to HIPPA regulations in regards to privacy.
- **Ensure patients' specific needs are addressed** by assessing, diagnosing, planning, implementing, and evaluating nursing care plans.
- **Maintain 100% documentation accuracy** when assisting RN and the healthcare team in gathering basic monitoring data and specimen collection.
- **Promote patient and healthcare team safety** by evaluating and maintaining a sanitized and organized environment.
- **Communicate vital information to the appropriate RN** by observing and reporting any patient symptoms and changes in patient condition.
- Set a high standard of excellence and provide new staff and nursing students with the tools to care for patients in an acute setting.
- **Facilitate optimal recovery and care** by providing medication reminders and dispensing medications when needed under the supervision of an RN.
- **Advocate for exceptional care** for high acuity patients requiring a 1:1 or 1:2 nurse-to-patient ratio.
- **Perform hourly monitoring/assessments of patient and vital signs**, including blood pressure, heart rate, oxygen saturation, temperature, and abdominal pressure intracranial pressure, reporting necessary findings to the physician.
- **Follow the established care plan with 100% accuracy** when assisting residents with bathing, dressing, hygiene, grooming, inserting IVs, trachs, and applying wound care.

CLINICAL EXPERIENCE**MEDICAL/SURGICAL II – CLINICAL STUDENT**

06/2019 – 08/2019

SENTARA CAREPLEX HOSPITAL: HAMPTON, VA /USA

- Completed 45 hours of hands-on patient care in the ICU unit.
- Cared for patients with various acute conditions including stroke/brain aneurysm, trauma/traumatic brain injuries, sepsis/septic shock, GI Bleeds, renal/liver failure, myocardial infarction, COPD, respiratory failure, post-surgical patients requiring ICU level care.

GERIATRIC AND MENTAL HEALTH NURSING – CLINICAL STUDENT

02/2019 – 05/2019

EASTERN STATE PSYCHIATRIC GENERAL HOSPITAL: WILLIAMSBURG, VA/USA

- Completed 45 hours of hands-on patient care in the admissions unit of the mental health facility.
- Observed the patient's condition and kept it recorded.
- Created patient care plans focusing on providing optimal mental health care.

FAMILY CHILD NURSING – CLINICAL STUDENT

11/2018 – 01/2019

BON SCOURS DEPAUL MEDICAL CENTER: CHESAPEAKE, VA/USA

- Completed 45 hours of hands-on patient care in the Labor and Delivery unit.
- Provided care for prospective mothers during labor and childbirth, as well as caring for and assessing their needs for their newborns and postpartum state.
- Ensured the accuracy of documentation when observing the patient's condition and recording it.
- Gained experience building professional and caring rapport with patients and their relatives.

MEDICAL SURGICAL NURSING I – COLLEGE CLINICAL STUDENT

07/2018 – 08/2018

CHESAPEAKE REGIONAL MEDICAL CENTER: CHESAPEAKE, VA/USA

- Provided quality Nursing care and therapeutic communication to patients assigned to the Medical Surgical Unit.

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- Patient's disease processes cared for during this time include but not limited to Pneumonia, Parkinson's Disease, Deep-Vein Thrombosis, Pancreatitis, and Diabetes.
- Constructed care plans based on the client's health status and needs.
- Assisted with activities of daily living, including bathing, dressing, hygiene, and grooming.

FUNDAMENTALS CLINICAL NURSING STUDENT

06/2018 – 07/2018

SENTARA NURSING & REHABILITATION CENTER HAMPTON: HAMPTON, VA/USA

- Collaborated with students to assist patients with activities of daily living.
- Provided hands-on therapeutic health care to patients.
- Commended for exceptional development of care plans for the assigned patient.

EDUCATION & CERTIFICATIONS

Doctor of Nursing

Gannon University, Erie, PA/USA – Dec 2024

Master of Nursing – Psych Mental Health Nurse Practitioner

Wilkes University, Wilkes Barre, PA/USA – Aug 2022

Master of Nursing – Leadership and Management

Western Governors University, Salt Lake City, Utah/USA

Bachelor of Science – Nursing

Western Governors University, Salt Lake City, Utah/USA

Associate of Applied Science – Nursing

Bryant & Stratton College, Virginia Beach, VA /USA

CERTIFICATIONS:

NP License Number: 0024185428

RN License Number: 001290638

ANCC Board Certified PMHNP: 2022064109

BLS/ Basic Life Support

BLS/Basic Life Support Instructor

ACLS/ Advanced Cardiovascular Life Support

PALS/ Pediatric Advanced Life Support

EKG certification

Code Blue certification

ADDITIONAL CREDENTIALS

TOOLS & TECHNOLOGY:

Microsoft Word, Microsoft Excel, Microsoft PowerPoint, Microsoft Outlook, Microsoft Access

LANGUAGES:

List any professional language skills other than English

PROFESSIONAL AFFILIATIONS:

Board Memberships, Professional Organizations, Etc.

COMMUNITY ENGAGEMENT:

List any volunteerism or community leadership outside of work