



JEWEL HENRY
A c t o r

PROFILE

Ethnicity : Black

Union Status : Non-Union

Representation : Currently no representation

AGE : 27

PHYSICAL DESCRIPTION:

Height : 5'2

Weight : 115lbs

Hair : Black

Eyes : Dark Brown

Age Range : 18 -30

DOB : Nov 25, 1997

Body type : Petite/Curvy

CONTACT

PHONE:
647-677-2294

CITY :
Toronto,ON,M6k,3G2

EMAIL:
Jewelhenry@hotmail.com

EDUCATION

George Brown College

Jan 2024 - June 2025 (Enrolled)
Acting for Media (2 years)

Talent Inc.

2 years training (2013 –2015)

WORK EXPERIENCE

Gerry D hijacks Juice bar (Actor)

Dempsters Online YouTube commercial

Handmaiden's Tale S2E2 (2021) - (Supporting Role)

SPECIAL SKILLS

Swimming

Accent Dialects –

- British RP
- American

Comedy & Improv skills

Combat Skills

Stage for combat
Combat for film

Pole Dancing (Beginner)

Gymnastics (Beginner

Content Creator – SocialMedia
Make up

Bio: Jewel Henry is a Black Caribbean Canadian actor, Born in Saint Lucia, and raised in Toronto. She came to Canada at the age of 5 years old, Jewel discovered her passion for acting when she was just 7 years old, she had seen a lot of her favourite actors in tv shows (one on one) which inspired her, this automatically led to her knowing that this was what she wanted! To be an actor! She knew at an early age that she was just made for the limelight after performing scenes for friends and family .. At the age 13-17 she started training for acting and modeling at talent inc, in 2013. She also taken part in talent shows, reciting dancing routines with friends. Jewel also took interest drama club & classes all throughout high school.

Jewel sees herself as a fun-loving free spirit with many different passions such as the performing arts, visual arts & the world of beauty and fashion as she expresses her interests creatively with content creation

Jewel was on a journey to know more about acting and how she could further put herself out there and learn more as an actor as she had felt directionless which led to her applying to George Brown, Acting for media which there she fell in love with acting all over again and also finding herself with being so vulnerable and open with her emotions which led through breakthroughs in her acting skills and just finding herself again with feeling confident in the skills she learned and obtained ,but also finding out who she is and what she stands for . Acting had allowed Jewel to see many different perspectives and emotions she felt she was not capable of feeling but these discoveries opened her eyes to the many ways she could express self and in emotions when it came to acting. During these courses she has learned to be assertive and take constructive criticism well and apply it to her skill. Jewel has learned too thoroughly analyze scenes & characters.

