Matthew Rochat

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SUMMARY

Born and raised in Minnesota, I'm a performer with an academic twist, recently finishing a PhD in Political Science at the University of California Santa Barbara. Before grad school took over, I spent years acting in classes, workshops, and small productions during high school and college. Now I'm coming back to what I've always loved: telling stories. I'm comfortable working in a wide range of genres including drama, comedy, and action, and I bring a grounded, thoughtful presence to each role. While I appreciate all forms of acting, I'm especially drawn to on-camera work and the intimacy it allows.

FORMAL ACTING EXPERIENCE

In Search of Josephine – Docudrama (2012) Role: Young Prince – Dir. Eric Ellena (French production)

TRAINING

Studio A Acting – Los Angeles, CAMastering Film & Television Techniques
(Fall 2025 – Present)

Peter Frisch Studio – Santa Barbara, CA Emotional Prep, Dirty Acting, On-Camera Work, Shapeshifting (Fall 2024 – Present)

Robert Riechel Jr. Acting Workshop – Santa Barbara, CA

Acting for Camera (Summer 2025, Fall 2025)

The Barrow Group – New York, NY Fundamentals of Acting, Scene Study (Spring and Summer 2024)

EDUCATION

University of California, Santa Barbara PhD, Political Science Degree Received: September 2025

SKILLS & AVAILABILITY

- Comfortable with emotionally intense and character-driven material
- Naturalistic acting style, suited for both dramatic and comedic roles
- Athletically capable, with a background in soccer, basketball, baseball, football, and more
- Strong academic background, with advanced training in research, public speaking, and storytelling
- Basic musical skills: guitar, singing, and trumpet
- Fluent in English, French; Conversational in Spanish
- Based in Los Angeles, California, with availability for work anywhere in North America